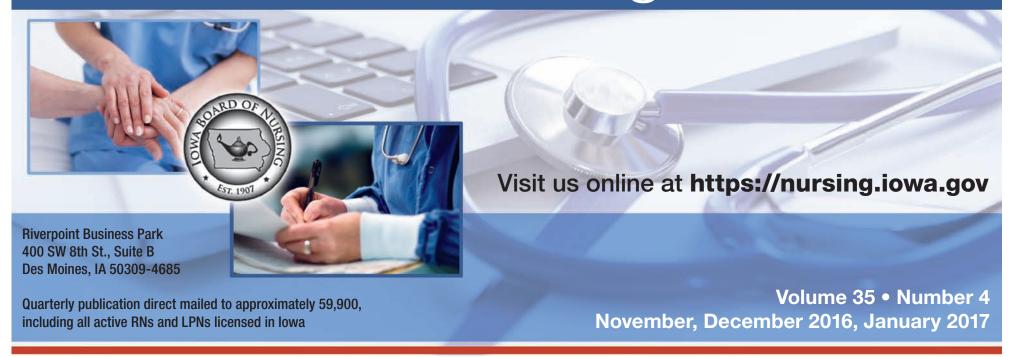
Iowa Board of Nursing Newsletter



The "Enhanced" Nurse Licensure Compact

The following article is a combination of the three previous articles published in the Nursing Newsletter regarding the "Enhanced" Nurse Licensure Compact. Share this information with your legislators, employers and fellow nurses. Become involved and spread the word. Iowa has been part of the present compact for 16 years and for continued mobility of nurses and adequate access to care of our patients, Iowa needs to adopt the "Enhanced" NLC to continue what we started in the year 2000.

Background information:

On July 17, 1998, the Iowa Board of Nursing voted to initiate compact legislation. By the year 2000, the law, Iowa Code, chapter 152E, included language on the Nurse Licensure Compact and rules, 655IAC, chapter 16 were in effect.

The Nurse Licensure Compact (NLC) is an interstate compact. It allows a nurse to have one multistate license in their primary state of residency. This permits the nurse to practice in other member states both physically and electronically subject to each state's practice laws. So

Members of the **Iowa Board of Nursing** MAY 1, 2016 - APRIL 30, 2017

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current resident or

what is an interstate compact? An interstate compact is a statutory agreement between two or more states (party states) established for the purpose of solving a particular issue or multi-state concern.

To think of this is in simple terms, the NLC is modeled after the driver's license compact. Each of us are allowed to drive in another state with a license from the state we reside in, though we follow the rules and regulations of the state we are traveling in.

Currently there are 25 states which are members of the NLC. Within these 25 states the belief is that the practice of nursing takes place in the state where the patient resides. Therefore, if a nurse who resides in lowa and holds an lowa license practices in a compact state, such as Missouri, she/he would practice on their multistate license following the rules and regulations of Missouri. This would appear to be a win-win situation for both the nurse and those states which participate in the

The compact allows for portability of the nurse to meet the needs of patients in many states and decreases the potential of more than one licensing fee for the nurse.

So why fix what is not broken? There are many reasons for the "Enhanced" Nurse Licensure Compact as cited below:

- 1. Though there are 25 states which participate in the compact, there are 25 states which do not. There may be many factors as to why a state is opposed to joining the compact. One factor may be that the requirements for licensure in the compact states are not stringent enough. Currently states which participate in the compact are not required to complete background checks on initial licensure applicants or endorsements. Iowa does require background checks.
- 2. The Affordable Care Act (ACA) has increased access to care for the nation's growing and aging population, which in turn requires creative modalities in the delivery of healthcare.
- 3. The United States Congress is having national licensure discussions which would remove each state's individual rights for licensing and governing nurses in their respective states.
- 4. Other health care professions are developing interstate licensure compacts (i.e. medicine, physical therapy, EMS, psychology).
- 5. Telehealth services are increasingly being utilized. Telehealth delivery has no geographic boundaries. A nurse or an advanced practice

nurse may be practicing in a clinic in lowa and she/ he has patients all over the country who she/he communicates with via technology. Again, if the belief is that the practice of nursing is where the patient is, this nurse would require several licenses in those states which are not part of the compact. The need for facilitating interstate nursing practice continues to grow.

Therefore in 2013 through 2015, members of the National Council of State Boards of Nursing (NCSBN) met several times to redraft a new compact. The "Enhanced" Nurse Licensure Compact was approved by the membership in May of 2015. The NCSBN also approved a new Advanced Practice Registered Nurse Compact.

As a brief reminder the National Council of State Boards of Nursing (NCSBN) is an independent, not-forprofit association comprised of boards of nursing from the U.S. and around the world. NCSBN is the leading source of data, information and research regarding nursing regulation and related issue. The mission of the NCSBN is to provide education, service, and research through collaboration leadership to promote evidence based regulatory excellence for patient safety and public

By now you are hopefully asking yourself what are the benefits of the "Enhanced" Nurse Licensure Compact. The following will help to answer your questions:

- 1. A nurse has the ability to practice in multiple states with one license.
- 2. The compact reduces regulatory requirements by removing the necessity for obtaining a license in
- The compact clarifies a nurse's authority to practice in multiple states via telehealth, which in turn increases patient access to care and provides
- The compact provides member states with the authority to facilitate a discipline case across state
- 5. The compact gives nursing boards the ability to share complaint and investigative information throughout the investigative process and there is a shared responsibility for patient safety not

Nurse Licensure Compact continued on page 3

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A Note from the **IBON Chairperson**

Gwen Suntken

Winter is almost here already; that also means changes in the weather. The weather is similar to nursing, always changing. But with nursing the changes are to improve quality care for our patients, residents, or clients. The Iowa Board of Nursing Newsletter is how each nurse can keep updated on those changes. The Iowa Board of Nursing website has also been updated for easy access to information.



Currently the Iowa Board of Nursing is working on many updates for nursing practice. The "Enhanced" Nurse Licensure Compact is on the move nationally and in many states. For over 15 years, lowa has had the current Nurse Licensure Compact. The new compact will provide key elements for licensure and practice. The website and newsletter will keep licensees updated on the status of the Compact.

Nursing continues to change with the use of therapeutic marijuana in some states, spiritual health, infection control issues, and even new types of health care such as Managed Care. Remember it is each nurse's responsibility to keep current with nursing practice and licensure requirements.

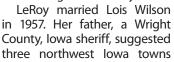


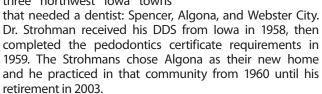
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Board Member Profile

Dr. LeRoy I. Strohman

Dr. LeRoy Irving Strohman was born in Decorah and grew up in Cresco and Waterloo. His interest in dentistry began as a teenager. After graduating from West Waterloo High School in 1952, he completed two years of liberal arts at Iowa before his admission to the University of Iowa College of Dentistry.





LeRoy was active in the Iowa Dental Association (IDA) and was president of the IDA from 1981-1982. In 2001, he was a guest of honor at the annual session of the IDA, and in 2004 he received the organization's Distinguished

During the past 50 years, Dr. Strohman has received many other honors including the U of I Dad of the Year in

1983, chairperson of the Iowa Chapter of the American College of Dentists from 1988-1989, charter member of the Iowa Board of Directors of Delta Dental of Iowa, and in 2008, the Pierre Fauchard Academy named him Dentist of the Year. Additionally, LeRoy was a past president of the Algona Rotary Club and has been a Rotarian for 56 years.

Dr. Strohman was appointed by Governor Terry Branstad to serve on the Iowa State Board of Dental Examiners in 1996, and he was chair from 2001-2003. In 2011, Governor Branstad appointed him to his current position as a public member of the Iowa Board of Nursing.

LeRoy and Lois raised three boys: William (married to Dara, Algona), John (married to Sarah, Pierre, S.D.), and David (Sioux City). He has three granddaughters and one grandson. Sadly, Lois passed away in 2009.

In his spare time, LeRoy reads non-fiction and plays golf. He also enjoys the company of his West Highland White Terrier, Rosie. He is an avid bike-rider and this year completed his 19th Register's Annual Great Bike Ride Across Iowa (RAGBRAI) ride. He hopes to participate in the bike ride one more time next year. A member of the Emmetsburg Bike Club, Dr. Strohman avoids tent camping during RAGBRAI and prefers to stay in the homes of his long-time dentist friends across the state!

A dedicated member of the Iowa Board of Nursing, Dr. Strohman uses his healthcare background and training, wisdom, and past experience serving on a public board, to fairly and equitably consider every case that comes before the Iowa Board of Nursing. LeRoy is serving his second term which will expire in April 2017.

(The editor gratefully acknowledges the source for this article: University of Iowa 2013 Dental Alumnus of the Year *Award Announcement.)*



https://www.nursing.iowa.gov

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- governed by geographical boundaries. There is a commitment to the protection of the public.
- 6. The compact provides for uniform law, rules and policies applicable and is enforceable to all compact states.

Not to confuse the issue, lowa is presently one of the 25 states which are part of the current Nurse Licensure Compact, but as the "Enhanced" Nurse Licensure Compact becomes adopted by states the need for lowa to adopt the new compact will become vital.

Uniform Licensure Requirements:

One of the driving forces to adopt the "Enhanced" NLC is that all states joining the compact will require uniform licensure requirements. This is one of the following elements which reinforces the fact that the "Enhanced" NLC is safe and efficient:

- 1. The current NLC had been operational and successful for more than 15 years.
- 2. All the safeguards that are built into the current state licensing process are required before a nurse is issued a multistate license.
- 3. The "Enhanced" NLC has uniform licensure requirements so that all states can be confident the nurses practicing within the NLC have met a set of minimum requirements, regardless of the home state in which they are licensed.
- 4. Although less than one (1) percent of U.S. nurses ever require discipline by a board of nursing (BON), in the rare event of any disciplinary issues, swift action can be taken by the BON regardless of the state where the nurse is licensed or practices. If a nurse is disciplined, the information is placed into the national database, NURSYS®

The following are the uniform licensure requirements that a nurse must meet to be issued a multistate license, regardless of their home state:

- 1. Meet the home state's qualifications.
- 2. Graduate from a qualifying education program.
- Passed the NCLEX-RN® or NCLEX-PN® exam (or predecessor exam).
- 4. Have no active discipline on a license.
- 5. Submit to a criminal background check and have no prior state or federal felony convictions.
- 6. Not be currently enrolled in an alternative to discipline program.
- 7. Have a valid U.S. Social Security number.

Grandfathering Clause:

The "Enhanced NLC has a grandfathering clause to address nurses who currently hold a multistate license and how the uniform licensing requirements affects their licensure. A nurse holding a home state multistate license on the "Enhanced" compact's effective date may retain and renew the license provided that:

 A nurse who changes primary state of residence after the "Enhanced" NLC's effective date must meet requirements to obtain a multistate license from a new home state.

Example – Nurse Nancy holds a multistate license in lowa, her primary state of residence. She moves to Missouri, also a compact state, but she has a history of a felony which would now prohibit her from receiving a multistate license in Missouri. Nurse Nancy may receive a single state license in Missouri if she meets the laws and rules set forth in Missouri for licensure.

 A nurse who fails to satisfy the requirements due to a disqualifying event occurring after the compact's effective date is ineligible to retain or renew a multistate license.

<u>Example</u> – Nurse John holds a multistate license in lowa, his primary state of residence. The lowa Board of Nursing is informed that Nurse John has been convicted of a felony. He would no longer be eligible for a multistate license.

Adoption of the Compact:

As of this publication the "Enhanced" compact is on the move nationally and has been adopted in the following states: Arizona, Florida, Idaho, Missouri, New Hampshire, Oklahoma, South Dakota, Tennessee, Virginia and Wyoming.

The Iowa Board of Nursing will introduce legislation to adopt the "Enhanced" Nurse Licensure Compact in the 2017 Legislative Session.

The effective date of the "Enhanced" NLC legislation is determined by either 26 states joining the compact or by the date December 31, 2018.

- Example 1: If 26 states join by January 1, 2017, the "Enhanced" NLC becomes effective.
- Example 2: If only 20 states have joined by December 31, 2018, the "Enhanced" NLC still becomes effective.

As a reminder here is important information you should know as lowa moves forward with the "Enhanced" Nurse Licensure Compact:

- 1. Iowa is one of 25 states currently a member of the Nurse Licensure Compact (NLC).
- 2. The NLC has been operational for over 15 years.
- The "Enhanced" NLC is an updated version of the current Nurse Licensure Compact with the goal to have all 50 states become members.

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- 4. Key elements of the "Enhanced" NLC:
 - a. Provides for uniform licensure requirements for all states.
 - b. The practice of nursing takes place in the state where the patient resides.
 - c. Nurses have the ability to practice in multiple states with one license.
 - d. Reduces regulatory requirements by eliminating the necessity to obtain a license in each state.
 - e. Increases access to care while maintain public protection.
 - f. Clarifies a nurse's authority to practice in multiple states via telehealth.
 - g. Allows nurses to quickly cross state borders and provide vital services in the event of a disaster.
 - h. Removes burdensome expense for both the nurse and the organizations that employ them.
 - i. Provides member states the authority to facilitate a discipline case across state line.

Visit our website, https://nursing.iowa.gov and NCSBN's website, www.nursecompact.com to learn more about the "Enhanced" Nurse Licensure Compact.

Keep the momentum going and support the "Enhanced" Nurse Licensure Compact for Iowa.



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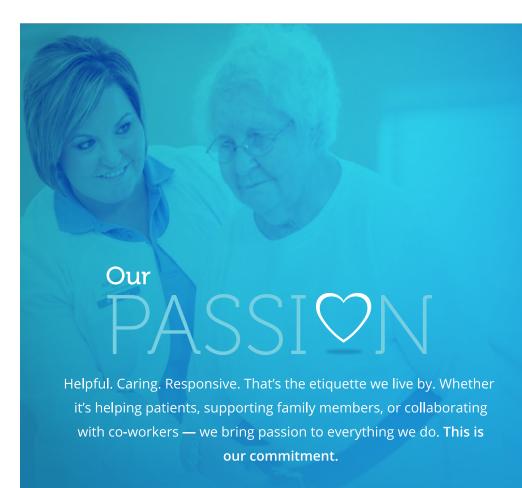
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Understanding the Relationship Between the APRN Consensus Model and the APRN Compact

The Advanced Practice Registered Nurse (APRN) Consensus Model was developed in 2008 to provide clarity and uniformity among states for the APRN role, population foci, specialty areas, scope of practice and educational requirements.

The Consensus Model is a result of the collaborative work of the APRN Consensus Work Group and National Council of State Boards of Nursing APRN Advisory Committee with extensive input from the APRN stakeholder community.

For states to adopt the APRN Compact they must comply with the key provisions of the APRN Consensus Model. Currently lowa does meet the majority of the key provisions to move forward with the adoption of the APRN Compact.

To be in full compliance of the APRN Consensus Model lowa must change the title from Advanced Registered Nurse practitioner (ARNP) to Advanced Practice Registered Nurse (APRN) and do so legislatively. At this point in time the current title ARNP will not prevent lowa from moving forward with the APRN Compact, primarily because 10 states must legislatively adopt the APRN Compact for it to be implemented. Currently, two states, Idaho and Wyoming have adopted the APRN Compact and it is estimated that three to four states will adopt the APRN Compact yearly until 10 states have joined.

Therefore, Iowa has time to make the title change with the support of all four advanced practice roles.

The following are the foundational requirements for licensure by Boards of Nursing to be congruent with the APRN Consensus Model as identified in the APRN Joint Dialogue Group Report, July 7, 2008.

Boards of Nursing will:

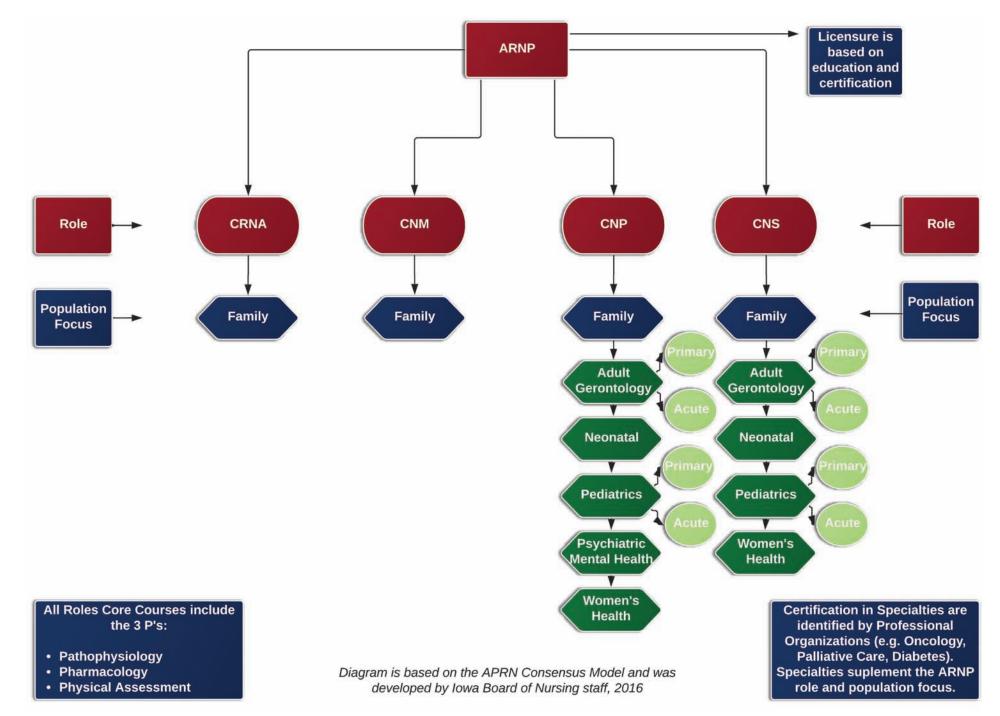
- license APRNs in the categories of Certified Registered Nurse Anesthetist (CRNA), Certified Nurse-Midwife (CNM), Clinical Nurse Specialist (CNS) or Certified Nurse Practitioner (CNP) within a specific population focus;
- 2. be solely responsible for licensing Advanced Practice Registered Nurses;
- 3. only license graduates of accredited graduate programs that prepare graduates with the APRN core, role and population competencies;
- require successful completion of a national certification examination that assesses APRN core, role and population competencies for APRN licensure;
- 5. not issue a temporary license;
- only license an APRN when education and certification are congruent;
- 7. license APRNs as independent practitioners with

- no regulatory requirements for collaboration, direction or supervision;
- 8. allow for mutual recognition of advanced practice registered nursing through the APRN Compact;
- have at least one APRN representative position on the board and utilize an APRN advisory committee that includes representatives of all four APRN roles; and,
- 10. institute a grandfathering clause that will exempt those APRNs already practicing in the state from new eligibility requirements.

The Iowa Board of Nursing is in the process of reviewing and revising 655 Iowa Administrative Code, Chapter 7, Advanced Registered Nurse Practitioners, to be consistent with the Consensus Model. The rules will define the roles, population foci, educational and licensing requirements, and scope of practice for the advanced practice nurse.

A grandfathering clause will be in place for currently practicing ARNPs once the state adopts the Consensus Model in its entirety. The ARNP will be permitted to practice as long as they retain their licensure and certification.

Refer to the diagram which outlines the four roles, current population foci for each role and the core educational requirements.



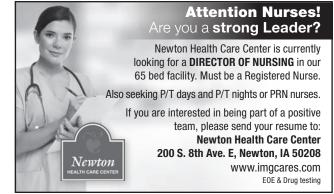
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APRN Compact Moving Forward

Currently Iowa does not recognize the title Advanced Practice Registered Nurse (APRN), but for purposes of this document regarding the APRN Compact the title APRN will be used throughout this article.

In 2002, the first APRN Compact was adopted by three states (Texas, Utah and Iowa). However, this version of the APRN Compact was not implemented, partially due to the lack of uniformity of APRN licensure requirements between states. Following the adoption of the APRN Consensus Model in 2008, the three compact states identified an opportunity to address the lack of uniformity and create a new version of the compact which incorporated the APRN Consensus Model. The APRN Consensus Model provides clarity and uniformity for the APRN role, population foci, specialty areas, scope of practice, and educational requirements.

In 2011, the APRN Compact Work Group formed and drafted the new APRN Compact. The APRN Compact was approved by the National Council of State Boards of Nursing's (NCSBN) membership in May of 2015.

The following statements are common to both the "Enhanced" Nurse Licensure Compact and the APRN Compact:

- 1. Uniform licensure requirements (ULRs) for all states, as defined in rule.
- 2. The practice of nursing takes place in the state where the patient resides.
- Nurses have ability to practice in multiple states with one license.
- The Compact will:
 - a. Reduce regulatory requirements by eliminating the necessity to obtain a license in each state.
 - b. Increase access to care while maintaining public protection.
 - c. Clarify a nurse's authority to practice in multiple states via telehealth.
 - d. Allow nurses to quickly cross state borders and provide vital services in the event of a disaster.
 - e. Remove burdensome expenses for both nurses and the organizations that employ them.
 - Provide member states the authority to facilitate a discipline case across state lines.

The general provisions specific to the APRN Compact as summarized by the NCSBN, are listed below:

- A member state must implement procedures for considering the state and federal criminal history records of applicants for initial APRN licensure or APRN licensure by endorsement.
- 2. The APRN Uniform Licensure Requirements (ULRs) adopted by the Commission provide the minimum requirements for APRN multistate licensure.
- To obtain/retain a multistate license, an APRN must meet the home state's qualifications, in addition to the ULRs.
- The Commission identifies in rule the approved APRN role and population foci for licensure. An APRN shall be licensed in an approved APRN role and at least one approved population focus.



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- 5. An APRN multistate license is recognized as authorizing the APRN to practice in each party state under a multistate license privilege, in the same role and population focus as in the home state.
- 6. An APRN multistate license shall include prescriptive authority for noncontrolled prescription drugs. An APRN shall satisfy all requirements imposed by the state for each state in which an APRN seeks authority to prescribe controlled substances.
- 7. An APRN multistate license holder is authorized to practice independent of a supervisory or collaborative relationship with a physician.
- Authority to take adverse action against a multistate licensure privilege with application of state due process laws.
- 9. Nurse compliance with state practice laws.

To clarify the "Interstate Commission" is the governing body of the APRN Compact. This term is commonly used by other Interstate Compact governing bodies. The Commission will have the authority for rulemaking. The rules will specifically outline the ULRs and address the key components of the Consensus Model.

To be adopted, the APRN Compact will require legislative action. It is the intent of the Iowa Board of Nursing to introduce APRN Compact language for the 2017 legislative session. The APRN Compact will be implemented once 10 states have adopted the Compact. Idaho and Wyoming adopted the APRN Compact in 2016.

Visit our website, https://nursing.iowa.gov and NCSBN's website www. aprncompact.com to learn more about the APRN Compact.

Keep the momentum going and support the APRN Compact for Iowa.

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Changes to 655 Iowa Administrative Code, **Chapter 4, Discipline**

Doug Bartels, Associate Director - Enforcement

On February 10, 2016, changes regarding 655 Iowa Administrative Code (IAC), chapter 4, Discipline, became effective. These changes were made to better clarify existing rules, and to add rules that would more specifically address grounds for nurse licensure discipline. The Board may discipline a nurse for any grounds stated in Iowa Code chapters 147, 152, 272C and 272D, and for any wrongful act or omission related to nursing practice, licensure, or professional conduct.

The following list includes the new or notably changed rules with a brief explanation. If you have any questions about the rules that govern nursing contact Board staff by calling 515-281-3255 and ask to speak to someone in Enforcement, or by e-mail at Enforce.iowa.gov.

- Failing to submit verification of compliance with the requirements for the supervision of fluoroscopy. In 2015, the Board began requiring Advanced Registered Nurse Practitioners (ARNPs) providing direct supervision of fluoroscopy to complete and retain documentation of an annual safety course. This rule allows the Board to sanction those who do not comply with an audit requesting proof of the course.
- Discriminating against the patient because of age, sex, race, ethnicity, national origin, creed, illness, disability, sexual orientation or economic or social status. This rule adds, ethnicity, disability,

- and sexual orientation to the previous rule on discriminating against patients.
- Failing to safeguard/secure medication wastage. This rule addresses licensees who leave medication they are responsible for unsecure and/or
- Violating an initial agreement or contract with the Iowa Nurse Assistance Program Committee (INAP). This rule will allow for the INAP committee to refer nurses in the non-disciplinary program back to the Board for potential disciplinary action should they violate the terms of their agreement.
- Engaging in repeated verbal or physical conduct which interferes with another health care worker's performance or creates an intimidating, hostile, or offensive work environment. This will address those licensees who have said or done inappropriate things to a co-worker on more than one occasion which may have caused the co-worker to deliver diminished care.
- Threatening or harassing Board staff. This is fortunately rare; but occasionally a licensee will behave inappropriately towards Board staff, usually an investigator, who contacts them to ask about an allegation. With this rule the Board communicates that they expect Board staff to be treated professionally and politely.
- Sexual contact with a patient regardless of patient consent. This rule specifies that even if the patient

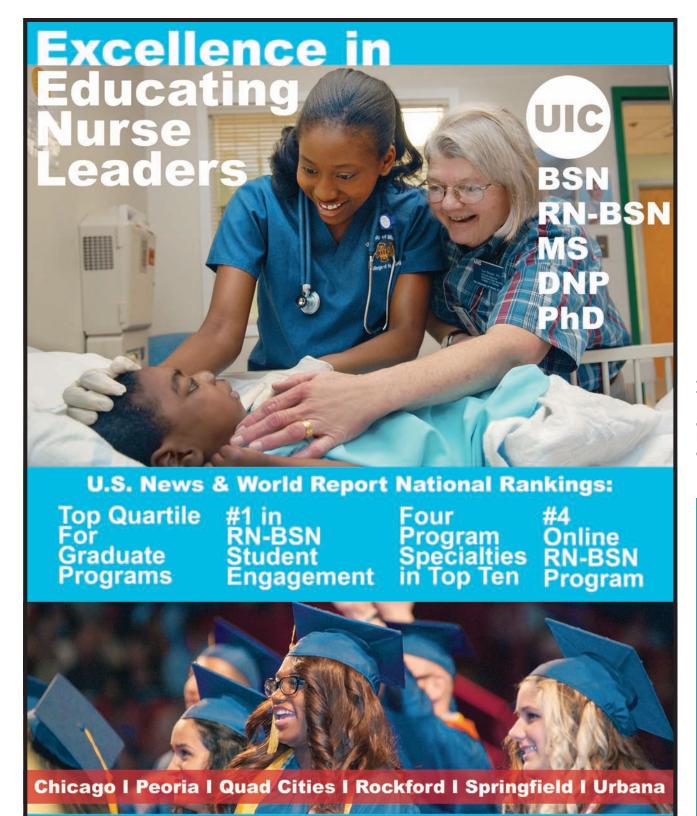
- initiates or approves of such contact, the licensee is expected to refrain from this boundary violation.
- Making lewd, suggestive, demeaning, or otherwise sexual comments to patients, regardless of patient consent. Similar to above.
- Initiating, or attempting to initiate, a sexual, emotional, social, or business relationship with a patient for personal gain, regardless of patient consent. Another rule in the boundary violation area further addresses the various types of boundary complaints the Board reviews and allows them to be more specifically addressed.
- Soliciting, borrowing, or misappropriating money or property from a patient. Selfexplanatory.
- Repeatedly divulging personal information to a patient for nontherapeutic purposes. The aforementioned two rules address those situations in which a licensee may tell a patient about their financial struggles or needs, placing the patient in an awkward position of wanting to, or feeling compelled to help. They also address the licensee sharing more personal information than the patient is comfortable hearing.
- Engaging in a sexual, emotional, social, or business relationship with a former patient when there is risk of exploitation or harm to the patient, regardless of patient consent

The following rules are intended for an ARNP:

- Prescribing, dispensing, administering distributing drugs to individuals who are not patients or are outside the licensee's specialty
- Prescribing, dispensing, administering, or distributing drugs in an unsafe manner. This is also intended for ARNPs.
- Prescribing, dispensing, administering, or distributing drugs without accurately documenting it or without assessing, evaluating, or instructing the patient or client. Sometimes seen when an ARNP prescribes pain medication without first evaluating or assessing the patient, and or not documenting the dispensing of this
- Failing to respond to or comply with a board investigator or subpoena. This may apply to situations in which a subpoena was issued to a licensee for records, and the licensee is not contesting the subpoena through the proper legal channels, but merely not responding to it.

The 655 Iowa Administrative Code, Chapter 20, is a new chapter created to separate 655 IAC Chapter 4 from the contested case proceedings.

These additions and revisions to the rules will help clarify the Board's authority in the discipline process. Please contact the Enforcement unit if you have any questions.



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Communicating with the lowa Board of Nursing

The Iowa Board of Nursing requests that licensees and the public use the board web site https://nursing.iowa.gov for 24-hour access to online license renewal and verification, address changes and general information.

Use the following contacts for specific questions. If you inquire about your licensure status or request written materials, provide the following information at the beginning of the call/message: lowa license number, full name, mailing address, and phone number including area code.

QUESTIONS ABOUT	CONTACT
 Name/address changes Request application for license renewal, reactivation, endorsement, or exam Inactive status 	Phone 515-281-4826 ibon@iowa.gov
Your license renewal or reactivation in process Lost/stolen licenses License Verification	Phone 515-281-3264 ibon.renewal@iowa.gov
Your license by examination in processInitial ARNP applicationYour ARNP application in process	Phone 515-281-6488 newnurs@iowa.gov
Your license by endorsement in processYour ARNP renewal in process	Phone 515-281-4827 endorse@iowa.gov Phone 515-281-4827 arnpren@iowa.gov
Continuing Education rulesContinuing Education provider rules	Phone 515-281-8808 Laura.Hudson@iowa.gov
Special approval of Continuing Education coursesAudits	Phone 515-281-8258 ibon.audit@iowa.gov
Disciplinary issuesSanctioned cases	Phone 515-281-6472 enforce@iowa.gov
Editor, Iowa Board of Nursing newsletter Website content	Phone 515-281-8808 Laura.Hudson@iowa.gov
Scope of nursing practice in lowa	Phone 515-281-4828 nursingpractice@iowa.gov
Formal nursing education in lowa	Phone 515-281-4828 nursingeducation@iowa.gov
 Nurse Licensure Compact Agreement (Multi-state license) NCLEX accommodations Foreign applicants for licensure 	Phone 515-281-5535 Lynn.Linder@iowa.gov

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Iowa Prescription Monitoring Program

Jennifer Tiffany, R. Ph.
Compliance Officer, Iowa Board of Pharmacy

The lowa Prescription Monitoring Program (PMP), administered by the lowa Board of Pharmacy, is an online database that may be regularly accessed by pharmacists and prescribers, including duly-licensed ARNPs. All lowa-licensed pharmacies, including nonresident pharmacies, are required to submit Schedule II through IV controlled substance prescription data on a weekly basis to the PMP. The PMP database allows registered prescriber users to view reports on patients currently under their care and patients seeking care from them. This can aid the prescriber in determining the misuse or abuse of controlled substances by a patient.

In order to become a registered user of the PMP Web Center, an Iowa-licensed Nurse Practitioner must first register online (https://pmp.iowa.gov/IAPMPWebCenter/) as a "prescriber" user. Once approved as a user the prescriber may submit an online request for a patient's prescription history for a specified date range. A prescriber user may appoint up to three (3) health care professionals, including CMAs, nurses and nursing students, to act as an agent of the practitioner. Each agent must register for individual PMP access and may not use the login credentials of the practitioner. Agent registration forms are available on the Board of Pharmacy website at http://www.state.ia.us/ibpe/pmp/pmp info.html. Agents are prohibited from sharing their credentials with any other individual and may only request patient history reports on the direction of the agent's supervising practitioner.

Once registered, agents and practitioners are able to submit electronic requests for a patient's prescription history through the PMP Web Center. Most requests are processed automatically and data is available within seconds.

All information contained in the PMP database, including records of requests for patient prescription history reports, is strictly confidential and is not subject to public or open records laws.

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Practice Corner

Guidelines for Prescribing Opioids for Chronic Pain

Jimmy A. Reyes, DNP, AGNP, RN Associate Director of Practice and Education

The Centers for Disease Control and Prevention (CDC) and the Federal Drug Administration (FDA) have published new guidelines and regulations aimed at addressing the rising nationwide opioid epidemic. These guidelines and regulations pertain to the prescribing of opioid medication(s) for patients 18 and older in primary care settings as well as improved labeling of immediate release opioids. The CDC guidelines include 12 leading recommendations, which focus on establishing treatment goals with patients prior to starting an opioid, and avoiding concurrent opioids and benzodiazepines whenever possible. In addition, these recommendations address the use of opioids in treating chronic pain separate of active cancer treatment, palliative care, and end-of-life care.

Additionally, the CDC and FDA have highlighted the importance of improving prescribing practices – particularly of opioids – with the use and support of clinical practice guidelines, evidence-based practice, and empirical research. These documents may be utilized to develop and update policies and procedures on best prescribing practices related to opioids. The aforementioned may ensure that patients have access to safer and more effective

chronic pain treatment while minimizing the number of individuals who may abuse, misuse, or overdose from these medications.

The CDC has developed three brochures highlighting the new guidelines and recommendations. These documents titled, *Pocket guide summary of the CDC guideline, A checklist for providers who prescribe opioids for chronic pain, and Non-opioid treatments for chronic pain,* can be retrieved from the CDC website. These resources contain information on processes before prescribing, after initiating opioid therapy, and treating overdose and addiction. Lastly, nurses and advanced practice nurses are encouraged to join the movement and respond to the request by the Surgeon General's call to end the opioid

crisis. Additional information may be retrieved at www.turnthetiderx.org.

References:

Centers for Disease Control and Prevention. (CDC). (2016). Guideline for prescribing opioids for chronic pain – United States, 2016. *Morbidity and Mortality Weekly Report*, 65(1), 1-49.

Surgeon General of the United States. (2016). Turn the Tide.
Retrieved from http://turnthetiderx.org/

U.S. Food and Drug Administration. (2016). FDA announces enhanced warnings for immediate-release opioid pain medications related to risks of misuse, abuse, addiction, overdose, and death. Retrieved from http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm491739.htm



UNITED STATES SURGEON GENERAL Vivek H. Murthy, M.D., M.B.A.

August 2016

Dear Colleague,

I am asking for your help to solve an urgent health crisis facing America: the opioid epidemic. Everywhere I travel, I see communities devastated by opioid overdoses. I meet families too ashamed to seek treatment for addiction. And I will never forget my own patient whose opioid use disorder began with a course of morphine after a routine procedure.

It is important to recognize that we arrived at this place on a path paved with good intentions. Nearly two decades ago, we were encouraged to be more aggressive about treating pain, often without enough training and support to do so safely. This coincided with heavy marketing of opioids to doctors. Many of us were even taught – incorrectly – that opioids are not addictive when prescribed for legitimate pain.

The results have been devastating. Since 1999, opioid overdose deaths have quadrupled and opioid prescriptions have increased markedly – almost enough for every adult in America to have a bottle of pills. Yet the amount of pain reported by Americans has not changed. Now, nearly two million people in America have a prescription opioid use disorder, contributing to increased heroin use and the spread of HIV and hepatitis C.

I know solving this problem will not be easy. We often struggle to balance reducing our patients' pain with increasing their risk of opioid addiction. But, as clinicians, we have the unique power to help end this epidemic. As cynical as times may seem, the public still looks to our profession for hope during difficult moments. This is one of those times.

That is why I am asking you to pledge your commitment to turn the tide on the opioid crisis. **Please take the pledge at www.TurnTheTideRx.org.** Together, we will build a national movement of clinicians to do three things.

First, we will educate ourselves to treat pain safely and effectively. A good place to start is the enclosed pocket card with the CDC Opioid Prescribing Guideline. Second, we will screen our patients for opioid use disorder and provide or connect them with evidence-based treatment. Third, we can shape how the rest of the country sees addiction by talking about and treating it as a chronic illness, not a moral failing.

Years from now, I want us to look back and know that, in the face of a crisis that threatened our nation, it was our profession that stepped up and led the way. I know we can succeed because health care is more than an occupation to us. It is a calling rooted in empathy, science, and service to humanity. These values unite us. They remain our greatest strength.

Vivel Mustey,

Thank you for your leadership.



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Healthcare Center, 1550 6th Street, Manning, IA 51455
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Practice Corner



PRESCRIBING OPIOIDS FOR CHRONIC PAIN

ADAPTED FROM CDC GUIDELINE

Opioids can provide short-term benefits for moderate to severe pain. Scientific evidence is lacking for the benefits to treat chronic pain.

IN GENERAL, DO NOT PRESCRIBE OPIOIDS AS THE FIRST-LINE TREATMENT FOR CHRONIC PAIN (for adults 18+ with chronic pain > 3 months excluding active cancer, palliative, or end-of-life care).

BEFORE PRESCRIBING

ASSESS PAIN

ASSESS PAIN & FUNCTION

Use a validated pain scale. Example: PEG scale where the score = average 3 individual question scores (30% improvement from baseline is clinically meaningful).

- Q1: What number from 0 10 best describes your PAIN in the past week? (0 = "no pain", 10 = "worst you can imagine")
- Q2: What number from 0 10 describes how, during the past week, pain has interfered with your ENJOYMENT OF LIFE? (0 = "not at all", 10 = "complete interference")
- Q3: What number from 0 10 describes how, during the past week, pain has interfered with your GENERAL ACTIVITY? (0 = "not at all", 10 = "complete interference")

CONSIDER IF NON-OPIOID THERAPIES ARE APPROPRIATE

Such as: NSAIDs, TCAs, SNRIs, anti-convulsants, exercise or physical therapy, cognitive behavioral therapy.

3 TA

TALK TO PATIENTS ABOUT TREATMENT PLAN

- Set realistic goals for pain and function based on diagnosis.
- Discuss benefits, side effects, and risks (e.g., addiction, overdose).
- Set criteria for stopping or continuing opioid. Set criteria for regular progress assessment.
- Check patient understanding about treatment plan.

4

EVALUATE RISK OF HARM OR MISUSE. CHECK:

- Known risk factors: illegal drug use; prescription drug use for nonmedical reasons; history of substance use disorder or overdose; mental health conditions; sleep-disordered breathing.
- Prescription drug monitoring program data (if available) for opioids or benzodiazepines from other sources.
- Urine drug screen to confirm presence of prescribed substances and for undisclosed prescription drug or illicit substance use.
- Medication interactions. AVOID CONCURRENT OPIOID AND BENZODIAZEPINE USE WHENEVER POSSIBLE.

WHEN YOU PRESCRIBE

START LOW AND GO SLOW. IN GENERAL:

- Start with immediate-release (IR) opioids at the lowest dose for the shortest therapeutic duration. IR opioids are recommended over ER/LA products when starting opioids.
- Avoid ≥ 90 MME/day; consider specialist to support management of higher doses.
- If prescribing ≥ 50 MME/day, increase follow-up frequency; consider offering naloxone for overdose risk.
- For acute pain: prescribe < 3 day supply; more than 7 days will rarely be required.
- Counsel patients about safe storage and disposal of unused opioids.

See below for MME comparisons. For MME conversion factors and calculator, go to TurnTheTideRx.org/treatment.

50 MORPHINE MILLLIGRAM EQUIVALENTS (MME)/DAY:

- 50 mg of hydrocodone (10 tablets of hydrocodone/acetaminophen 5/300)
- 33 mg of oxycodone (~2 tablets of oxycodone sustained-release 15mg)

90 MORPHINE MILLLIGRAM EQUIVALENTS (MME)/DAY:

- 90 mg of hydrocodone (18 tablets of hydrocodone/acetaminophen 5/300)
- 60 mg of oxycodone (4 tablets of oxycodone sustained-release 15mg)

AFTER INITIATION OF OPIOID THERAPY

ASSESS, TAILOR & TAPER

- Reassess benefits/risks within 1-4 weeks after initial assessment.
- Assess pain and function and compare results to baseline. Schedule reassessment at regular intervals (≤ 3 months).
- Continue opioids only after confirming clinically meaningful improvements in pain and function without significant risks or harm.
- If over-sedation or overdose risk, then taper. Example taper plan: 10% decrease in original dose per week or month. Consider psychosocial support.
- Tailor taper rates individually to patients and monitor for withdrawal symptoms.

TREATING OVERDOSE & ADDICTION

- Screen for opioid use disorder (e.g., difficulty controlling use; see DSM-5 criteria). If yes, treat with medication-assisted treatment (MAT). MAT combines behavioral therapy with medications like methadone, buprenorphine, and naltrexone. Refer to findtreatment.samhsa.gov. Additional resources at TurnTheTideRx.org/ treatment and www.hhs.gov/opioids.
- Learn about medication-assisted treatment (MAT) and apply to be a MAT provider at www.samhsa.gov/ medication-assisted-treatment.
- Consider offering naloxone if high risk for overdose: history of overdose or substance use disorder, higher opioid dosage (≥ 50 MME/day), concurrent benzodiazepine use.

ADDITIONAL RESOURCES

CDC GUIDELINE FOR PRESCRIBING OPIOIDS FOR CHRONIC PAIN: www.cdc.gov/drugoverdose/prescribing/guideline.html

SAMHSA POCKET GUIDE FOR MEDICATION-ASSISTED TREATMENT (MAT): $\underline{store.samhsa.gov/MATguide}$

 ${\small \textbf{NIDAMED:}}\ \underline{www.drugabuse.gov/nidamed-medical-health-professionals}$

ENROLL IN MEDICARE: go.cms.gov/pecos

Most prescribers will be required to enroll or validly opt out of Medicare for their prescriptions for Medicare patients to be covered. Delay may prevent patient access to medications.

JOIN THE MOVEMENT

and commit to ending the opioid crisis at <u>TurnTheTideRx.org</u>

TURN THE TIDE





The Office of the Surgeon Genera



Retrieved from http://turnthetiderx.org/wp-content/uploads/2016/08/PocketGuide_FINAL6.pdf

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School Nurses - Champions for a Culture of Safety and Health

Laura Hudson, MSN, RN - Associate Director - CE/Workforce

As the only healthcare professionals who spend 420 minutes a day/180 days a year with their patients or clients, school nurses are uniquely positioned to create a culture of safety and health among lowa's students. One could say they are "champions" in the effort to make the school setting a healthier and safer environment for all involved.

"A system of school health services is, perhaps, the only institution that reaches the majority of adolescents on almost a daily basis, and is particularly well placed to reach adolescents with preventative interventions" (Balta, Pachyna, Hall, 2015).

In an interview with Melissa Walker, Iowa's State School Nurse Consultant, she described how school nurses are trying to tell their story about the work they do every day. Ms. Walker has worked with the state for three years. In her duties at the department of education (DOE), Melissa provides resources and guidance for school nurses across the state. As the fifth state nurse consultant at the DOE, she carries on

St. Cloud VA Health Care System

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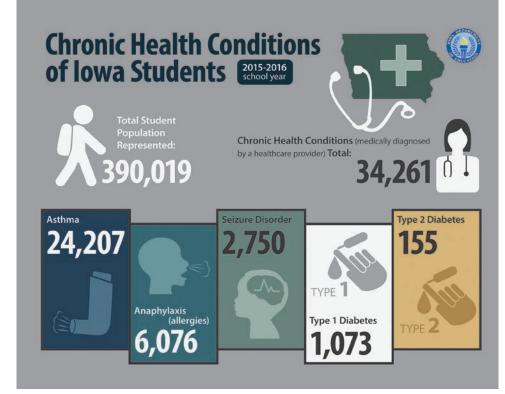
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Located sixty-five miles northwest of the twin cities of Minneapolis and St. Paul, the City of St. Cloud and adjoining communities have a population of more than 100,000 people. The area is one of the fastest growing areas in Minnesota, and serves as the regional center for education and medicine.

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the responsibility of policy and program development; gives presentations at Area Education Association (AEA) meetings; provides trainings to schools, along with the Section 504 consultant, on the process for student's whose health falls under Section 504 of the American with Disabilities Act, and those with actual or potential disabilities who may not qualify for special education. Additionally, she is the state's





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data champion to gather information about school nurse encounters in the "Step Up, Be Counted," a national collaborative data collection.

The following two paragraphs from the lowa Department of Education website best summarize what a school nurse is responsible for every day.

The lowa school nurse holds a current registered nursing license recognized by the lowa board of nursing to professionally practice, promote, and protect the health of the school population using knowledge from the nursing, social, and public health sciences. All students, as a healthcare consumers, have the right to nursing care that meets the legal standards of healthcare regardless of the practice setting (National Council of State Boards of Nursing [NCSBN], 2005). The school nurse retains accountability to provide the consumer this right of protection by following safe parameters to work as defined in the Iowa Nurse Practice Act (Iowa Administrative Code 655 Chapter 6).

The school nurse is the licensed professional practitioner in the school community to oversee health services, policies and programs. The school nurse practices to provide students healthcare to minimize absenteeism and promote equal access to education. Nursing services assist parents or legal guardians to reasonably meet compulsory regulations of attendance for their child with mental or physical health needs pursuant to Iowa Code 299. Using professional nursing judgment and clinical knowledge, the registered nurse provides health care to students and staff, performs health screenings, develops individualized plans of care, provides health education, provides case management, coordinates referrals for students to the medical home or private healthcare provider, and assists the education team in early identification of learners needing accommodations or specialized instruction (American Nurses Association & National Association of School Nurses [ANA & NASN], 2011; Iowa Department of Education, n.d.).

School nurses voluntarily reported 25 school's (district/accredited nonpublic) health encounters/health office visits with the school nurse or health services delegated by the school nurse for the year.

lotal sum of VISITS to the health office/health encounters with the school nurse or health services delegated by 691,542

school nurse resulting in <code>emergency</code>





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School nurses are integral team members. Ms. Walker stated that school administrators and teachers may not realize what nurses do unless we tell them. Screening and preventative services are a critical component of the work of school nurses. Students have to attend school. Students with chronic health conditions have to have health needs met. School nurses help with this effort.

Here are a few of the health and safety issues dealt with on a daily basis by schools nurses:

- Medication monitoring and administration
- Chronic health disease screening and management
- Vision and dental screening
- Immunization compliance
- Case management with other healthcare providers, to maintain continuity of care between the home and school setting, and
- Surveillance and reporting of public health outbreaks (greater than 10% of a population in a school missing must be reported to the Center for Acute Disease Epidemiology).

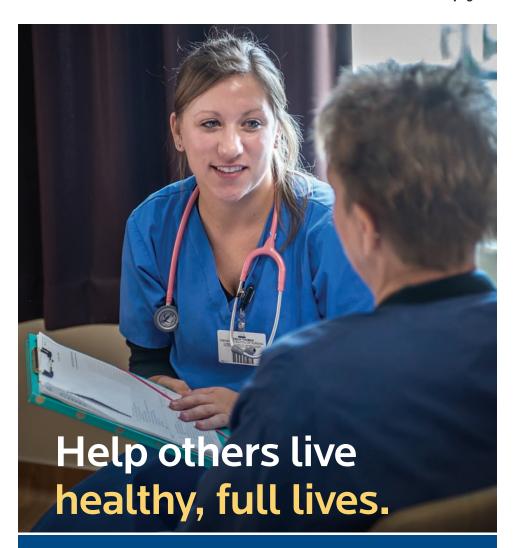
As an example, without school nurses, how would an epileptic seizure be treated at a school without a nurse? Likely, 911 would be called. Having a school nurse to provide emergency healthcare services, may allow a student to remain in school following a seizure.

What do our school nurses do every day?

For the past two years, lowa school nurses have collected the data to tell the story about the work they do every day. Iowa school nurses participate in a "volunteer collection of aggregate student chronic health conditions and dispositions of children seen by the school nurses or school health personnel for health services delegated by the school nurse" (Melissa Walker, personal communication, August 23, 2016). The joint project is conducted by the National Association of School Nurses (NASN) and the National Association of State School Nurse Consultants (NASSNC). In the data collection effort called "Step Up and Be Counted," school nurses collect data according to a nationally standardized data

The data for the 2015-2016 school year was collected and reported from 238 of 322 school districts and from 18 private schools (accredited non-public schools).

School Nurses continued on page 12



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School Nurses continued from page 11

In early research, school nurses reported nearly 2,000 data points across the nation of the encounters dealt with on a daily basis. For purposes of ongoing participation and continued reporting, the list has been reduced to five common chronic health conditions. How many times does a registered nurse have an encounter? How many times did that student get turned back to class to learn, sent home, or a 911 call or referral was made?

Last year, the nurse researchers realized that nurses cannot and do not perform their work alone. There are workforce extenders who help in these situations (also known as health para-educators, health secretaries, health associates, health nurse associate). The nurse has to delegate everything that is being done in the school. However, the school nurse is still responsible to supervise, monitor and evaluate the environment. Ms. Walker stated that number of the health paraeducators needed in our schools for one-on-one services tell us the health complexity and chronicity of the students in their care. Collecting information



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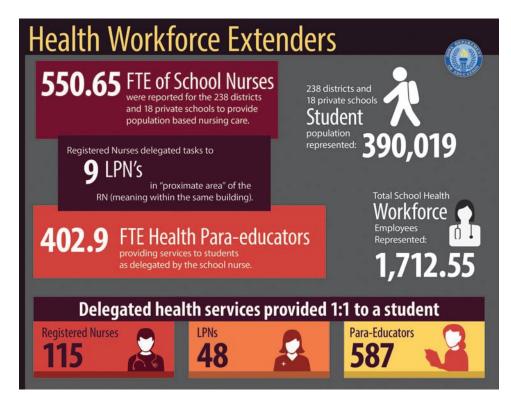
about the school health workforce was gathered in more detail for the 2015-2016 survey.

The Step Up and Be Counted data collection is voluntary – but more and more school nurses have been involved in the data collection. The infographics from 2015-2016 can be found on these pages. The visuals provided here clearly show how school nurses are critical in meeting the health needs of students and are champions in promoting a safe school environment with the ultimate goal of improving the culture of health and academic success of our students.

Resources:

Balta, V., Pachyna, A., & Hall, J. (Rev. 2015) Global overview of school health services: Data from 102 Countries. Health Behavior & Policy Review, 2(4):268-283. Doi: http://dx.doi. org/10.14485/HBPR.2.4.4

Iowa Department of Education. (n.d.) School nurse. Retrieved from https://www. educateiowa.gov/pk-12/learner-supports/school-nurse



Iowa STEM Day at the **Iowa State Fair**

The Iowa Center for Nursing Workforce took part in the Iowa STEM Day at the Iowa State Fair on August 21st. In cooperation with the Indian Hills Community College Mobile Health Simulation Lab personnel, participants were given the opportunity to listen to heart and lung sounds on a high fidelity simulation manikin. Posters and brochures about the field of nursing were handed out to the booth visitors.

Students who showed an interest in healthcare were encouraged to stay strong in their science and math classes for the best success in their programs. A pleasant surprise was the many already-nurse visitors who stopped by to tell their stories!



L to R: Dr. Jeff Weld, Iowa STEM Executive Director, Joe Crain and Joshua Hemminger of Indian Hills CC, and Tonya Johannes, Advisory Committee Member, help two of the young participants at the booth.

Creating an Online User Account

If you have ever done business online with any state agency (such as for college aid), you would use the same account id that you have already created. Otherwise, all license related processes begin with user registration, including updating contact, employment or educational information. Secured Access and ordering a roster also require the visitor to register.

The main menu displays the following option:



If you click on "Create a New Account," you will be taken directly to the registration page and tab that you need in order to register:



This registration site is maintained by the state's technology division as a global login for the entire state enterprise.

Enter your first and last name:



The registration automatically combines first and last names into a suggested user i.d., and appends "@iowaid." But if the first name/last name combination already exists, the i.d. field will appear blank, and you will need to create your own account i.d. In either case, anything can be substituted ahead of the "@", but the i.d. that is created is permanent so it will need to be memorable.



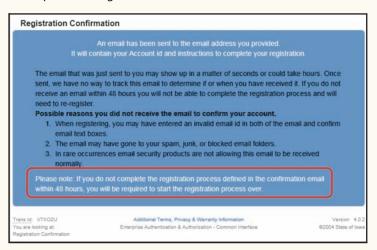
Enter your email address twice in the screen pictured above, and click "Save Account Details." A popup box gives a final caution.



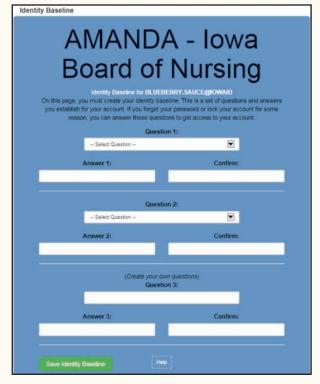
If you created an i.d. with your first name.lastname as your i.d., and someone else with the same first and last name has already registered to do any kind of business with the State of Iowa, you will receive the following error message.



After successfully selecting an i.d., entering the email address twice and clicking "continue," you will see the following screen advising you that an email has been sent with information to complete the registration. Note that there is a time limit of 48 hours to complete the registration.



The email will include a link to come back to the registration site. This is done as verification that the email address is a real one. Clicking the link in the email returns the user to the following screen at the EAA website to complete the registration by selecting security questions and answers.



The next screen requires the user to create their password:



The registration is complete, and the user is taken to the screen where they can actually log in. Note that the above registration process should only be required once. Thereafter, the licensee would use the existing account.

Also note that on most screens there is a "Help" button. This will take you to a help library maintained by the state's Office of the Chief Information Officer (OCIO), and may take you to the relevant portion of an extended FAQ system.

It is only on the login screen itself, that you will find a link to report an issue to the OCIO Help Desk.



This link will take you into the state's OCIO site to submit a service request or inquiry.

IANCE

Iowa Association for Nursing Continuing Education

Promoting quality continuing education for nurses in lowa and fostering professional growth and understanding among lowa nursing continuing education providers.

Experience the benefits of being an IANCE member:

- Acquire new knowledge from the Provider Focus members-only newsletter
- Communicate with Iowa providers through the IANCE list-serve
- Increase expertise and gain information at the annual conference and business meeting
- Advertise your upcoming continuing education conference events on the website
- Take advantage of professional development funds

Join IANCE now! Our members help shape the future of nursing continuing education in Iowa. To learn more, visit www.iance.org.

ONIVERSAL

November is National Home Care Month and we would like to thank all of our nurses and staff for their dedication and excellent care they provide our clients. Our nurses bring compassionate, highquality care directly to our clients' homes allowing them to be home surrounded by their loved ones.

NOW HIRING RNs/LPNs/NEW GRADS

Universal Pediatrics serves all 99 counties in Iowa and are seeking RNs and LPNs for Full-time, Parttime, and PRN positions on ALL SHIFTS, including RN Management positions.

Enjoy a career that offers:

- Flexible hours
- Comprehensive Benefit Package
- One-on-one care with clients
- · Case-specific, hands on training
- · Career advancement opportunities

To apply for positions in your area, go to **www.universalpediatrics.com**. Ask about our **SIGN-ON-BONUS!**

Registered Nurse - Med/Surg

Wayne County Hospital has full-time Registered Nurse positions available in our Nursing Department. These shifts are weeknights, 6p-6a, rotating weekends; 1 call shift per pay period. Come be a part of a group of professionals that demonstrate caring in all we do for patients and visitors.

Qualifications: Current Iowa RN license & BLS certification. An understanding of HIPAA and patient privacy practices is required; Mandatory Reporting Certified within six months of hire. Training offered in Labor & Delivery and Emergency Services; ACLS, PALS and NRP. Competitive salary with comprehensive benefit package. Responsible for assuring a high standard of patient care and teamwork. For more information contact:

Diane Kelly, Human Resource Generalist Wayne County Hospital



P. O. Box 305 • Corydon, IA 50060-0305 email: dkelly@waynecountyhospital.org

> For immediate consideration apply online at www.waynecountyhospital.org

An Equal Opportunity Employer



Renewal Reminder

Licensees should plan to renew their nursing license 30 to 60 days prior the expiration date. A nursing license may be renewed until midnight of the expiration date without penalty, but this practice is discouraged. Online system problems can occur and late fees will be assessed for any renewal completed after midnight of the expiration date.

EXPIRATION DATE	RENEWAL DATES	LATE FEE ASSESSED	INACTIVE STATUS (if not renewed)
October 15, 2016	August 15, 2016 – October 15, 2016	October 16	November 16, 2016
November 15, 2016	September 15, 2016 – November 15, 2016	November 16	December 16, 2016
December 15, 2016	October 15, 2016 – December 15, 2016	December 16	January 16, 2017
January 15, 2017	November 15, 2016 – January 15, 2017	January 16	February 16, 2017

A \$50 late fee is required for licensees who renew within the 30 days after the license lapses. Licenses that are not renewed will automatically be placed on inactive status on the 16th of the month following the expiration date of the

The continuing education requirement for license renewal is 36 contact hours (3.6 CEUs) for the renewal of a full three year license. Licensees renewing for the first time after the license was originally issued, or for the first time after a reactivation, will need 24 contact hours (2.4 CEUs) completed after the effective date printed on the license wallet card. Before you renew, you should have your documentation in-hand to confirm you have what you need. As soon as you renew, you will know if you have been chosen for audit. Remember, if it is not documented – it is not done!

Change of Address/Name

State law requires you to keep the Board of Nursing apprised at all times of your current mailing address. Notification of NAME changes must be made in writing. For your convenience, you may utilize the following form to submit your address/name change, within 30 days of the change.

City _____

First Name:	RN/LPN#
Middle Name:	Today's Date:
Resident State:	Name Change: Yes No
	Previous Name:
OLD ADDRESS:	NEW ADDRESS:
Home Address:	Home Address:
	1 1

- () Check here if you are on active military duty.
- () Check here if you are a Federal Employee.
- () Check here if you are an LPN currently in the process of obtaining an RN license.
- () Check here if your license expires in less than 2 months and you would like a renewal form mailed to you.

Mail to: Iowa Board of Nursing 400 SW 8th St., STE B Des Moines, IA 50309

Last Name: ___

I

e-mail information to: ibon@iowa.gov update address online: nursing.iowa.gov, select IBON Online Services

RN – Med/Surg – 36 hrs/week, 7a-7:30p &7p-7:30a, with every

3rd weekend. Current IA RN license, with previous Med/Surg and Critical Care experience preferred. BLS required; ACLS and PALS

RN – SCU – 36 hrs/week, 7p-7:30a, with every 3rd weekend.

Completion of basic cardiac arrhythmia class required.

Current IA RN license, with a minimum of 1 year hospital nursing

experience. BLS and ACLS required; TNCC and PALS encouraged.

RN – Emergency Dept. – 24 hrs/week, 7a-7:30p, with every third

weekend. Current IA RN license, with a minimum of 1 year previous

RN – Surgery. – 36 hrs/week, 7a-3:30p, with call 1 night per week

and 1 weekend per month. Current IA RN license, with a minimum

of 2 years' experience in acute care or perioperative nursing. BLS

required; ACLS and PALS certified or working towards.

ED experience. BLS required; ACLS, TNCC, PALS required within 1

Join a leader in health care excellence

Mercy Medical Center - Des Moines

For nearly 120 years, Mercy has provided the highest quality health care to central lowans. Our founders, the Sisters of Mercy, believed in caring for anyone who needed it. That dedication is what has helped us build a reputation for offering the highest quality medical services in the area.

Mercy would like to thank our nurses for the excellent work they do to provide exceptional patient care each day. If you or someone you know would like to be part of an outstanding team of nurses, Mercy currently

has both full-time and part-time opportunities available in several nursing areas. Mercy Medical Center-Des Moines is an Equal Opportunity Employer who



Interested applicants can apply on-line at

or call (515) 247-3100.

encouraged.

Surgical Tech – 36 hrs/week, 7a-3:30p, with occasional weekends. Completion of accredited Surgical Technician program with national certification or working toward it; 1+ year of hospital OR experience preferred. BLS required.

Skiff offers a very competitive compensation and benefits package. Successful completion of pre-employment screen is required. EOE

Visit www.skiffmed.com to apply online.

Fluoroscopy Audit Reminder

The administrative rules governing nursing in Iowa require Advanced Registered Nurse Practitioners (ARNPs) who supervise the use of fluoroscopic x-ray equipment to have the appropriate education and continued annual radiological safety updates. Pursuant to 7.2(d), the initial and annual education requirements are subject to audit by the Board. Therefore, the Board of Nursing will be auditing ARNP's who supervise fluoroscopy.

The initiation of the audit process began January 12, 2015. The process is as

- On the ARNP online and paper renewal application a question will be asked if the practitioner provides direct supervision in the use of fluoroscopy. The renewal process is every three years,
- If the practitioner answers yes, they will be required to provide verification of completion of the initial course and yearly safety courses, along with a copy of the course description and learning outcomes (it is important to submit the specific course description and learning outcomes and not just the course title),
- Board staff will contact the practitioner if there are any questions about the submitted course work or if the practitioner has not completed their required education.
- At any point in time that board staff identifies the ARNP is not complying with the course requirements and the audit process the information will be submitted to the Enforcement Unit.

The Iowa Board of Nursing recognizes this is a new process for all ARNP's supervising the use of fluoroscopic x-ray equipment. Board staff is committed to assist practitioners in the audit process. Please contact Dr. Jimmy Reyes, Associate Director of Practice/Education for questions and concerns, <u>Jimmy.Reyes@iowa.gov</u>

Agendas and Minutes On the Web

All Board and Committee agendas are on our web-site. Agendas are posted at least 24 hours in advance of a meeting. Previous agendas will remain posted until replaced by the current agendas. Board and Committee minutes are posted at our website approximately three (3) months following the meetings.

You can locate our Agendas and Minutes at our website, nursing.lowa.gov, under "About the Board."

You may subscribe to email notification of the first posting of a meeting or conference call agenda by sending a blank email to: join-IBON_AGENDAS@ lists. ia.gov.

When you're a nurse at Avera, you join a team of caring people who love their work just as 'assiona much as you do. About Compassionate Care What's so great about our nurses? They're good communicators with positive attitudes. They're engaged with their coworkers and responsive to their patients. Not to mention they lead the industry in clinical excellence at more than 300 locations in a five-state area. Avera 🔣 **Choosing Avera –** Learn more about our exciting

career opportunities at AveraJobs.org

BOARD ORDERS Previously Named Sanctioned Cases

Sanctioned licenses should be verified through our website to determine current status

* By Licensee RN Number Indicates Licensee is licensed as an ARNP ** In the RN column indicates the Licensee does not have an Iowa License

	AUGUST 2016						
Last Name	First Name	RN	LPN	Sanction			
Agan	Emilie	122718	P50694	Fine	\$400		
Akers	Kyle		P39249	Voluntary Surrender			
Bacon	Lakendra		P50556	Reinstated			
Burris	Lorrie	098643	P37449	Continuing Education	36 contact hours		
Burris	Lorrie	098643	P37449	Fine	\$400		
Combs	Amy	124443	P51318	Continuing Education	27.75 contact hours		
Combs	Amy	124443	P51318	Fine	\$300		
Combs	Amy	124443	P51318	Suspended - Stayed			
Creek	Anita		P31125	Voluntary Surrender			
Dhabolt	Jacqueline		P26534	Continuing Education	30 contact hours		
Dhabolt	Jacqueline		P26534	Fine	\$300		
Frerk	Tracy	122911	P51320	Continuing Education	13 contact hours		
Frerk	Tracy	122911	P51320	Fine	\$200		
Gholson	Wyndie	096320		Continuing Education	30 contact hours		
Haler	Caitlin	137836		Indefinitely Suspended			
Hanks	Sonja		P59190	Voluntary Surrender			
Hobart	Jessica		P39156	Voluntary Surrender			
Humble	April	131446	P55202	Citation & Warning			

Board Orders continued on page 16





For nurses passionate about providing premier pediatric care, there is no better place than Children's. One of U.S. News & World Report's Best Children's Hospitals, our Magnet-designated facility is growing; we've added services, expanded specialties and implemented innovative new procedures.

Nursing Opportunities:

- Pediatric Intensive Care Unit
- Neonatal Intensive Care Unit
- Medical/Surgical Unit
- Emergency/Critical Care/ Transport Team
- Surgical Services
- Home Health/Private Duty Nursing
- 60+ Primary and Specialty Outpatient Clinics
- Nurse Practitioners

Take your career to the next level:

- Transition to Pediatrics
- RN Residency
- Homecare Academy

We offer outstanding educational opportunities, competitive salaries, generous benefits and full-time designation at 30 hours. For a current list of open positions visit: ChildrensOmaha.org/Join our team

Board Orders continued from page 15

Hurlburt	Stacie		P45631	Suspended - Stayed	
Jones	Lisa	111502	P41150	Fine	\$50
Knutson	Marcia	*060656	P16468	Probation	18 months
Koch	Angela		P43843	Probation	2 years
Koch	Angela		P43843	Reinstated	
Larson	James	131064		Indefinitely Suspended	
McKiernan	Andrea	127241	P52664	Indefinitely Suspended	
Myers	Derek	118596		Continuing Education	31 contact hours
Nuehring	Kimberly	118571		Indefinitely Suspended	
Olk	Cassandra	125078		Fine	\$100
Royer	Jill		P55393	Suspended	
Smith	Lisa	084411		Probation	2 years
Smith	Lisa	084411		Reinstated	
Smith	Tracie	118557		Continuing Education	30 contact hours
Stockdale	Amanda	122865		Voluntary Surrender	
Stockdale	Amanda	122865		Voluntary Surrender	
Tamboura	Harmony	128261		Continuing Education	30 contact hours
Wiegman	Theresa	142005		Revoked	
		*ARNP			

	JULY 2016							
Last Name	First Name	RN	LPN	Sanction				
Armstrong	Nicki	107674		Suspended				
Asiago	Wilson	142109	P58351	Charges Dismissed				
Baisden	Farrah		P54638	Suspended				
Capron	Tammy		P53073	Probation	12 months			
Carlton	Rachel	*A140012		Voluntary Surrender				
Devault	Jodene	102174	P22876	Continuing Education	30 contact hours			
Henry	Angela	113193	P40654	Probation	12 months			
Hogg	Lee Ann	083489	P12052	Continuing Education	22.9 contact hours			
Hogg	Lee Ann	083489	P12052	Fine	\$300			
Hogg	Lee Ann	083489	P12052	Suspended				
Igbokwe	Veronica	080908		Probation	2 years			
Kilpatrick	Heather	121237		Probation	2 years			
Trammel	Stacey	091837	P32406	Continuing Education	36 contact hours			
Trammel	Stacey	091837	P32406	Fine	\$400			
Woodley	Teresa	097898	P36820	Suspended (Stayed)				
		*ARNP						



Cherokee Regional Medical Center, a progressive Critical Access Hospital in the heart of Northwest Iowa and ranked as one of the Top 100 CAH's by iVantage for the third year in a row, is seeking the following management positions...

Chief Nursing Officer

The Chief Nursing Officer (CNO) will oversee the daily operations of all nursing services with some ancillary departments. The CNO will lead assigned departments in an effort to improve processes, outcomes, safety and patient care. Will work collaboratively throughout the organization, staff, and providers, and will report to the Chief Executive Officer.

Ideal candidate requires a BSN and master's degree in nursing/healthcare administration or working towards a master's. Experience in a critical access hospital preferred, as well as 5 years of increasingly responsible management experience, but prefer some executive background.

Inpatient Nurse ManagerGreat opportunity for a clinical expert that excels in leadership and team building. Inpatient Nurse Manager is responsible for the day to day management of inpatient nursing department including Med/Surgical, Telemetry, and OB Nursing staff. CRMC is a CAH with a great staff that provides high quality and compassionate care. RN licensure required; BSN preferred or to be obtained. Desire a strong Med/Surg and OB clinical background. Management experience preferred. ACLS and BLS certifications or to be obtained.

Competitive wage and benefits offered.



Apply online at www.cherokeermc.org or send resume to Cherokee Regional Medical Center Human Resources, 300 Sioux Valley Dr., Cherokee, IA 51012 712-225-3368 extension 206

www.cherokeermc.org

Adolf Kami P54457 Fine 5400 Adley-Roberson Rhonda 095672 P07476 Fine \$700 Akins Mary 135185 Voluntary Surrender Alexander Kristine 092978 Continuing Education 38 contact hours Ascherl Nicole 131411 P46310 Citation and Warning Bernau Caitlin 134933 P53765 Voluntary Surrender Bubke Jessica P43501 Indefinitely Suspended Cuevas Kiara 131677 P55340 Continuing Education Acontact hours Edwards Amy 123072 Indefinitely Suspended Acontact hours Friege Danyell P51762 Continuing Education Acontact hours Frigge	JUNE 2016						
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Region I

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Kossuth, Lyon, Monona, O'Brien, Osceola, Palo Alto, Plymouth, Pocahontas, Sac, Sioux, Winnebago, Woodbury, Wright.

ABBREVIATIONS

Aud:

Sponsor Faculty **Audience** includes/including TBA: NG:

Register by To be announced Not Given Nonresident

November 2 & 3; 8:00 am - 2:00 pm; Sioux City, IA **Basic Arrhythmia.** Spon: Mercy Medical Center Sioux City. Contact: Nora Van Peursem, BSN, RN, CCRN, 712-279-2163. Fac: Barb Fitzgerald, RN, BSN, CEN. Aud: Healthcare providers. To gain a basic understanding of basic arrhythmia. Fee: \$100.00. CEUS: 1.2.

November 5; 8:00 am - 11:45 am; West Des Moines,

8th Annual Fall Conference. Spon: Iowa Heart Foundation. Contact: Cindy Conroy or www. iowaheartfoundation.org, 515-633-3555. Fac: Karen Luken, MS, ARNP, FNP-C. Aud: Family Practice, Internal Medicine, and Cardiology. To provide updates regarding management of non alcoholic steatohepatitis (NASH), sudden cardiac arrest, and hypertension. Fee: \$20.00. Reg. by: 11/2/16. CEUS: 0.3.

November 9 & 10; 8:00 am - 3:00 pm; Sioux City, IA Advanced Cardiovascular Life Support Provider.

Spon: Mercy Medical Center - Sioux City. Contact: Nora Van Peursem, BSN, RN, CCRN, 712-279-2163. Fac: Charmaine Cantrell, RN, CFRN. Aud: RNs. ACLS Provider Class improves the quality of care provided to the adult victim, both in or out of the hospital of cardiac arrest or other cardiopulmonary emergencies per American Heart Association guidelines. Fee: \$200.00. CEUS: 1.26.

November 14; 8:00 am - 1:00 pm; Sioux City, IA BLS Provider Course. Spon: Mercy Medical Center - Sioux City. Contact: Nora Van Peursem, BSN, RN, CCRN, 712-279-2507. Fac: Charmaine Cantrell, RN. Aud: LPNs & RNs. Basic Life Support (BLS) Provider Class for Healthcare Providers prepares a wide



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variety of healthcare professionals to recognize several life threatening emergencies and to provide CPR, use an AED, and relieve choking in a safe, timely, and effective manner per American Health Association guidelines. Fee: \$100.00. CEUS: 0.6.

November 16; 8:00 am - 3:00 pm; Sioux City, IA Advanced Cardiovascular Life Support Renewal.

Spon: Mercy Medical Center - Sioux City. Contact: Nora Van Peursem, BSN, RN, CCRN, 712-279-2163. Fac: Barb Fitzgerald, RN, BSN, CEN. Aud: RNs. ACLS Renewal Class improves the quality of care provided to the adult victim, both in or out of the hospital of cardiac arrest or other cardiopulmonary emergencies per American Heart Association guidelines. Fee: \$150.00. CEUS: 0.72.

November 18; 8:00 am - 3:15 pm; Des Moines, IA **IANCE Annual Conference: Enhancing Your Practice - Strategies for Nursing Education** Professionals. Spon: IANCE and Mercy Medical Center - Sioux City. Contact: Nora Van Peursem, BSN, RN, CCRN, 712-279-2507. Fac: Kari Schmidt. Explore the educator's role in differentiating learning gaps from other performance issues, leading and sustaining change, enhancing skills of influence, increasing leadership credibility, and nurturing accountability and compassion. Fee: \$105.00 (members), \$115.00 (Non-members). Reg. by: 5pm 11/11/16. CEUS: 0.69.

November 30; 8:00 am - 3:00 pm; Sioux City, IA **Pediatric Advanced Life Support Renewal.** Spon: Mercy Medical Center - Sioux City. Contact: Nora Van Peursem, BSN, RN, CCRN, 712-279-2163. Fac: Barb Fitzgerald, RN, BSN, CEN. Aud: RNs. PALS Renewal

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- Pap Test;
- Peĺvic exam;
- Limited diagnostic tests; and
- Assistance with making appointments and transportation.

IF YOU MEET THE FOLLOWING GUIDELINES:

- Are 40 years or older; OR
- Are under 40 and have breast cancer symptoms

Household Income

At or below 250% of the Federal Poverty Level

- Have no health insurance; OR
- Have health insurance that does not cover services shown
- Are unable to pay co-payment or deductible; OR
- Are age 65 or older and do not have Medicare Part B coverage; OR
- Have health insurance, but need help to be sure you get screened.

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Class is designed to aid the pediatric healthcare provider in developing the knowledge and skills necessary to evaluate and manage seriously pediatric victim, both in or out of the hospital of cardiac arrest or other cardiopulmonary emergencies per American Heart Association guidelines. Fee: \$150.00. CEUS: 0.75.

December 8; 8:00 am - 3:00 pm; Sioux City, IA Pediatric Advanced Life Support Renewal. Spon: Mercy Medical Center - Sioux City. Contact: Nora Van Peursem, BSN, RN, CCRN, 712-279-2163. Fac: Barb Fitzgerald, RN, BSN, CEN. Aud: RNs. PALS Renewal Class is designed to aid the pediatric healthcare provider in developing the knowledge and skills necessary to evaluate and manage seriously pediatric victim, both in or out of the hospital of cardiac arrest or other cardiopulmonary emergencies per American Heart Association guidelines. Fee: \$150.00. CEUS: 0.75.

December 12; 8:00 am - 1:00 pm; Sioux City, IA **BLS Provider Course.** Spon: Mercy Medical Center - Sioux City. Contact: Nora Van Peursem, BSN, RN, CCRN, 712-279-2507. Fac: Karen Newton. Aud: RNs & LPNs. Basic Life Support (BLS) Provider Class for Healthcare Providers prepares a wide variety of healthcare professionals to recognize several life

Continuing Education Offerings continued on page 18



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Continuing Education Offerings continued from page 17

threatening emergencies and to provide CPR, use an AED, and relieve choking in a safe, timely, and effective manner per American Health Association guidelines. Fee: \$100.00. CEUS: 0.6.

December 14 & 15; 8:00 am - 3:00 pm; Sioux City, IA Pediatric Advanced Life Support Provider. Spon: Mercy Medical Center - Sioux City. Contact: Nora Van Peursem, BSN, RN, CCRN, 712-279-2163. Fac: Barb Fitzgerald, RN, BSN, CEN. Aud: RNs. PALS Provider Class is designed to aid the pediatric healthcare provider in developing the knowledge and skills necessary to evaluate and manage seriously pediatric victim, both in or out of the hospital of cardiac arrest or other cardiopulmonary emergencies per American Heart Association guidelines. Fee: \$200.00. CEUS: 1.26.

December 21; 8:00 am - 3:00 pm; Sioux City, IA Advanced Cardiovascular Life Support Renewal. Spon: Mercy Medical Center - Sioux City. Contact:

Nora Van Peursem, BSN, RN, CCRN, 712-279-2163. Fac: Barb Fitzgerald, RN, BSN, CEN. Aud: RNs. ACLS

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Renewal Class improves the quality of care provided to the adult victim, both in or out of the hospital of cardiac arrest or other cardiopulmonary emergencies per American Heart Association guidelines. Fee: \$150.00. CEUS: 0.72.

January 12 & 13; 8:00 am - 2:00 pm; Sioux City, IA **Basic Arrhythmia.** Spon: Mercy Medical Center - Sioux City, Contact: Nora Van Peursem, BSN, RN, CCRN, 712-279-2163. Fac: Barb Fitzgerald, RN, BSN, CEN. Aud: Healthcare providers. To gain a basic understanding of basic arrhythmia. Fee: \$100.00. CEUS: 1.2.

January 16; 8:00 am - 1:00 pm; Sioux City, IA **BLS Provider Course.** Spon: Mercy Medical Center - Sioux City. Contact: Nora Van Peursem, BSN, RN, CCRN, 712-279-2507. Fac: Nora Van Peursem. Aud: RNs & LPNs. Basic Life Support (BLS) Provider Class for Healthcare Providers prepares a wide variety of healthcare professionals to recognize several life threatening emergencies and to provide CPR, use an AED, and relieve choking in a safe, timely, and effective manner per American Health Association guidelines. Fee: \$100.00. CEUS: 0.6.

January 18 & 19; 8:00 am - 3:00 pm; Sioux City, IA Advanced Cardiovascular Life Support Provider.

Spon: Mercy Medical Center - Sioux City. Contact: Nora Van Peursem, BSN, RN, CCRN, 712-279-2163. Fac: Charmaine Cantrell, RN, CFRN. Aud: RNs. ACLS Provider Class improves the quality of care provided to the adult victim, both in or out of the hospital of cardiac arrest or other cardiopulmonary emergencies per American Heart Association guidelines. Fee: \$200.00. CEUS: 1.26.

January 26; 8:00 am - 3:00 pm; Sioux City, IA Advanced Cardiovascular Life Support Renewal.



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Spon: Mercy Medical Center - Sioux City. Contact: Nora Van Peursem, BSN, RN, CCRN, 712-279-2163. Fac: Barb Fitzgerald, RN, BSN, CEN. Aud: RNs. ACLS Renewal Class improves the quality of care provided to the adult victim, both in or out of the hospital of cardiac arrest or other cardiopulmonary emergencies per American Heart Association guidelines. Fee: \$150.00. CEUS: 0.72.

January 31; 8:00 am - 3:00 pm; Sioux City, IA Pediatric Advanced Life Support Renewal.

Spon: Mercy Medical Center - Sioux City. Contact: Nora Van Peursem, BSN, RN, CCRN, 712-279-2163. Fac: Barb Fitzgerald, RN, BSN, CEN. Aud: RNs. PALS Renewal Class is designed to aid the pediatric healthcare provider in developing the knowledge and skills necessary to evaluate and manage seriously pediatric victim, both in or out of the hospital of cardiac arrest or other cardiopulmonary emergencies per American Heart Association guidelines. Fee: \$150.00. CEUS: 1.26.

REGION II

Northeast Counties of Iowa Allamakee, Benton, Black Hawk, Bremer, Buchanan, Butler, Cerro Gordo, Chickasaw, Clayton, Del-

aware, Dubuque, Fayette, Floyd, Franklin, Howard, Jackson, Jones, Linn, Mitchell, Winneshiek, Worth.

ABBREVIATIONS

Sponsor Spon: Faculty Aud: Audience includes/including inc:

NG:

Register by To be announced Not Given Nonresident

November 5; 8:00 am - 11:45 am; West Des Moines, IA 8th Annual Fall Conference. Spon: Iowa Heart Foundation. Contact: Cindy Conroy or www.



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Submit applications: www.usajobs.gov (keywords: Nurse, Iowa)

EOE

iowaheartfoundation.org, 515-633-3555. Fac: Karen Luken, MS, ARNP, FNP-C. Aud: Family Practice, Internal Medicine, and Cardiology. To provide updates regarding management of non alcoholic steatohepatitis (NASH), sudden cardiac arrest, and hypertension. Fee: \$20.00. Reg. by: 11/2/16. CEUS:

November 8; 6:30 pm - 8:45 pm; Cedar Rapids, IA **Child Abuse and Mandatory Reporting.** Spon: Kirkwood Community College. Contact: Laura Daman, RN, 319-398-5626. Fac: Diana Nicholls Blomme. Aud: Nursing. This program provides the participant with information on the investigation, identification, and legalities of child abuse and the role of the mandatory reporter. Fee: \$29.00. Reg. by: 11/1/16. CEUS: 0.2.

November 18; 8:00 am - 3:15 pm; Des Moines, IA **IANCE Annual Conference: Enhancing Your Practice - Strategies for Nursing Education** Professionals. Spon: IANCE and Mercy Medical Center - Sioux City. Contact: Nora Van Peursem, BSN, RN, CCRN, 712-279-2507. Fac: Kari Schmidt. Explore the educator's role in differentiating learning gaps from other performance issues, leading and sustaining change, enhancing skills of influence, increasing leadership credibility, and nurturing accountability and compassion. Fee: \$105.00 (members), \$115.00 (Non-members). Reg. by: 5pm 11/11/16. CEUS: 0.69.

Date & Time: Open Ended; Cedar Rapids, IA **Nursing Leadership and Management: A Practical Guide.** Spon: Kirkwood Community College. Contact: Laura Daman, RN, 319-398-5626. Fac: Laura Daman. Aud: Nursing. This is a textbook-based course that may be started at any time. All materials are mailed to the student within approximately 10 working days of registration. Students have 8-weeks to complete the coursework. Fee: \$75.00. CEUs: 0.75.

REGION III

Southwest Counties of Iowa Adair, Adams, Audubon, Cass, Clarke, Decatur, Fremont, Guthrie, Harrison, Lucas, Madison, Mills,



Montgomery, Page, Pottawattamie, Ringgold, Shelby, Taylor, Union, Warren, Wayne.

ABBREVIATIONS

Spon: Sponsor Faculty Aud: Audience includes/including inc:

NG:

Register by To be announced Not Given Nonresident

October 14; 8:00 am - 5:00 pm; Council Bluffs, IA **Trauma Conference.** Spon: Iowa Western Community College. Contact: Sheri Splichal, ssplichal@iwcc.edu. Fac: Dr. Guy Music, Midwest Neurosurgery, PC. Aud: Nursing & EMS. To provide current clinical information on the management of trauma patients. Fee: \$10.00. Reg. by: 10/12/16. CEUS: Awaiting approval.

November 5; 8:00 am - 11:45 am; West Des Moines, IA 8th Annual Fall Conference. Spon: Iowa Heart Foundation. Contact: Cindy Conroy or www.

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iowaheartfoundation.org, 515-633-3555. Fac: Karen Luken, MS, ARNP, FNP-C. Aud: Family Practice, Internal Medicine, and Cardiology. To provide updates regarding management of non alcoholic steatohepatitis (NASH), sudden cardiac arrest, and hypertension. Fee: \$20.00. Reg. by: 11/2/16. CEUS: 0.3.

November 18; 8:00 am - 3:15 pm; Des Moines, IA IANCE Annual Conference: Enhancing Your **Practice - Strategies for Nursing Education Professionals.** Spon: IANCE and Mercy Medical Center - Sioux City. Contact: Nora Van Peursem, BSN, RN, CCRN, 712-279-2507. Fac: Kari Schmidt. Explore the educator's role in differentiating learning gaps from other performance issues, leading and sustaining change, enhancing skills of influence, increasing leadership credibility, and nurturing accountability and compassion. Fee: \$105.00 (members), \$115.00 (Non-members). Reg. by: 5pm 11/11/16. CEUS: 0.69.

December 3; 8:00 am - 5:00 pm; Council Bluffs, IA Impact: A Health Care Event. Spon: Iowa Western Community College. Contact: Sheri Splichal, ssplichal@ iwcc.edu. Fac: Rob Schoening, NREMT-Paramedic. Aud: Nursing & EMS. This one-day educational experience will "Impact" your patient care in a positive and motivating manner. Fee: \$45.00. Reg. by: 11/28/16. CEUS: 8.2.

Continuing Education Offerings continued on page 20



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Continuing Education Offerings continued from page 19

REGION IV

Southeast Counties of Iowa Appanoose, Cedar, Clinton, Davis, Des Moines, Henry, Iowa, Jefferson, Johnson, Keokuk, Lee, Louisa, Mahaska, Marion, Monroe, Muscatine, Scott, Van Buren, Wapello, Washington.

ABBREVIATIONS

Spon: Sponsor **Faculty Audience**

includes/including NR:

TBA:

Register by To be announced Not Given Nonresident

November 3; 7:30 am - 3:00 pm (register for a 2 hr block of time in this window); Iowa City, IA Basic Life Support (BLS) Renewal. Spon: Mercy lowa City. Contact: Mercy On Call or www.mercyiowacity. org, 1-800-358-2767. Fac: BLS Approved Instructors. Aud: RNs and Healthcare Providers. Fee: \$45.00. Reg. by: 10/13/16, class size limited. CEUS: No CEUs.

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November 5; 8:00 am - 11:45 am; West Des Moines, IA 8th Annual Fall Conference. Spon: Iowa Heart

Foundation. Contact: Cindy Conroy or www. iowaheartfoundation.org, 515-633-3555. Fac: Karen Luken, MS, ARNP, FNP-C. Aud: Family Practice, Internal Medicine, and Cardiology. To provide updates regarding management of non alcoholic steatohepatitis (NASH), sudden cardiac arrest, and hypertension. Fee: \$20.00. Reg. by: 11/2/16. CEUS:

November 5 & 7; 8:00 am - 12:00 pm & scheduled times in the PM between 3:30-6:30 pm; lowa City, IA

Basic Life Support Provider Course. Spon: Mercy Iowa City. Contact: Mercy On Call or www. mercyiowacity.org, 1-800-358-2767. Fac: BLS Approved Instructors. Aud: RNs and Healthcare Providers. To successfully demonstrate BLS skills and protocols according to the AHA guidelines. Fee: \$55.00. Reg. by: 10/15/16, class size limited. CEUS:

November 8 & 9; 8:30 am - 4:30 pm & 8:30 am -12:30 pm; Iowa City, IA

PALS Provider Course. Spon: Mercy Iowa City. Contact: Mercy On Call or www.mercyjowacity.org, 1-800-358-2767. Fac: PALS Approved Instructors. Aud: RNs and Healthcare Providers. To successfully demonstrate PALS skills and protocols according to the AHA guidelines; prerequisites include complete pre-test. Fee: \$185.00. Reg. by: 10/15/16, class size limited. CEUS: 0.98.

November 8; 8:30 am - 3:30 pm; Iowa City, IA Site Specific Oncology Clinical Enrichment: Surgical/ Procedural/Misc Topics. Spon: UIHC Department of Nursing. Contact: Kelly Norton, CE Coordinator, 319-356-4304. Fac: University of Iowa Hospitals & Clinics Staff. Aud: Licensed nurses. The purpose of this class is to provide nurses with information on surgeries, procedures, and cares for patient populations including principles of radiation oncology, surgical oncology, oncologic emergencies, delirium and sexuality. Fee:

\$87.00. Reg. by: 10/18/16. CEUS: 0.7.

November 9 & 10; 9:00 am - 4:00 pm; Iowa City, IA **AWHONN Intermediate Fetal Heart Monitoring** Workshop. Spon: UIHC Department of Nursing. Contact: Kelly Norton, CE Coordinator, 319-356-4304. Fac: Jeana Forman, MSN, RNC-OB. Aud: Nurse/ Midwife/ARNP/MD*. Promotes integration of knowledge and skills essential to nursing assessment, promotion, and evaluation of fetal safety during labor. *All Participants must have a minimum of 6 months recent experience in fetal heart monitoring. Fee: \$237.00. Reg. by: 10/19/16. CEUS: 1.4.

November 10; 8:30 am - 12:30 pm; Iowa City, IA **ACLS Provider Renewal Course.** Spon: Mercy Iowa City. Contact: Mercy On Call or <u>www.mercyiowacity</u>. org, 1-800-358-2767. Fac: ACLS Approved Instructors. Aud: RNs and Healthcare Providers. To successfully demonstrate the ACLS protocols according to the AHA guidelines, prerequisites include completed selfassessment. Fee: \$80.00. Reg. by: 10/20/16, class size limited. CEUS: No CEUs.



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November 14; 9:00 am - 4:00 pm; Iowa City, IA Basic Fetal Monitoring Workshop. Spon: UIHC Department of Nursing. Contact: Kelly Norton, CE Coordinator, 319-356-4304. Fac: Jeana Forman, MSN, RNC-OB. Aud: RNs working on obstetrics. To provide basic information on methods of fetal monitoring, recognition of changes/interventions to assist in the management of patients, and documentation issues. Fee: \$110.00. Reg. by: 10/24/16. CEUS: 0.65.

November 17; 8:00 am - 5:00 pm; Iowa City, IA **AWHONN Advanced Fetal Heart Monitoring** Workshop. Spon: UIHC Department of Nursing. Contact: Kelly Norton, CE Coordinator, 319-356-4304. Fac: Jeana Forman, MSN, RNC-OB. Aud: Nurse/ Midwife/ARNP/MD. Course conveys the application of advanced fetal heart monitoring knowledge and skills. Fee: \$177.00. Reg. by: 10/26/16. CEUS: 0.84.

November 17 & 18; 8:00 am - 4:00 pm & 8:00 am -2:00 pm; Iowa City, IA

Fundamentals of Chemotherapy and the Patient **Experience.** Spon: UIHC Department of Nursing. Contact: Kelly Norton, CE Coordinator, 319-356-4304. Fac: University of Iowa Hospitals & Clinics Staff. Aud: RNs providing chemotherapy. This two-day program is designed to enhance the nurse's understanding of chemotherapy and care of patients receiving chemotherapy. Fee: \$240.00. Reg. by: 10/27/16. CEUS: 1.32.

November 18; 8:00 am - 3:15 pm; Des Moines, IA **IANCE Annual Conference: Enhancing Your Practice - Strategies for Nursing Education Professionals.** Spon: IANCE and Mercy Medical Center - Sioux City. Contact: Nora Van Peursem, BSN, RN, CCRN, 712-279-2507. Fac: Kari Schmidt. Explore the educator's role in differentiating learning gaps from other performance issues, leading and sustaining change, enhancing skills of influence, increasing leadership credibility, and nurturing accountability and compassion. Fee: \$105.00 (members), \$115.00 (Non-members). Reg. by: 5pm 11/11/16. CEUS: 0.69.

November 22; 7:30 am - 11:15 am (register for a 2 hr block of time in this window); Iowa City, IA Basic Life Support (BLS) Renewal. Spon: Mercy lowa City. Contact: Mercy On Call or www.mercyiowacity. org, 1-800-358-2767. Fac: BLS Approved Instructors.

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Aud: RNs and Healthcare Providers. Fee: \$45.00. Reg. by: 11/1/16, class size limited. CEUS: No CEUs.

December 12; 7:30 am - 3:00 pm (register for a 2 hr block of time in this window); Iowa City, IA Basic Life Support (BLS) Renewal. Spon: Mercy Iowa City. Contact: Mercy On Call or www. mercyiowacity.org, 1-800-358-2767. Fac: BLS Approved Instructors. Aud: RNs and Healthcare Providers. Fee: \$45.00. Reg. by: 11/21/16, class size limited. CEUS: No CEUs.

REGION V

Central Counties of Iowa Boone, Dallas, Grundy, Hamilton, Hardin, Jasper, Marshall, Polk, Poweshiek, Story, Tama, Webster.



ABBREVIATIONS

Spon: Aud: inc:

Sponsor Faculty Audience includes/including NG:

Register by To be announced Not Given Nonresident

November 4; 8:15 am - 5:00 pm; Pleasant Hill, IA **Basking Babies Annual Fall Conference: Lactation Challenges.** Spon: Basking Babies LLC. Contact: Angela Swieter, RN, BSN, IBCLC, ICD, ICPD, ICPE, 515-210-1868. Fac: Dee Kassing, IBCLC, RLC, BS, MLS. Aud: Nurses who assist mothers with breast feeding. Conference is designed to provide the most current strategies for mothers facing lactation challenges. Fee: \$80.00 before 10/10/16, \$90.00 after 10/10/16. CEUS: 0.76.

November 5; 8:00 am - 11:45 am; West Des Moines,

8th Annual Fall Conference. Spon: Iowa Heart Foundation. Contact: Cindy Conroy or www. iowaheartfoundation.org, 515-633-3555. Fac: Karen Luken, MS, ARNP, FNP-C. Aud: Family Practice, Internal Medicine, and Cardiology. To provide updates regarding management of non alcoholic steatohepatitis (NASH), sudden cardiac arrest, and hypertension. Fee: \$20.00. Reg. by: 11/2/16. CEUS:

November 18; 8:00 am - 3:15 pm; Des Moines, IA **IANCE Annual Conference: Enhancing Your Practice - Strategies for Nursing Education** Professionals. Spon: IANCE and Mercy Medical Center - Sioux City. Contact: Nora Van Peursem, BSN, RN, CCRN, 712-279-2507. Fac: Kari Schmidt. Explore the educator's role in differentiating learning gaps from other performance issues, leading and sustaining change, enhancing skills of influence, increasing leadership credibility, and nurturing accountability and compassion. Fee: \$105.00 (members), \$115.00 (Non-members). Reg. by: 5pm 11/11/16. CEUS: 0.69.

Continuing Education Offerings continued on page 22



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Continuing Education Offerings continued from page 21

ONLINE

November 4; 9:00 am - 10:45 am

CMS Dietary Standards. Spon: Instruct - Online. Contact: Katie Ingle, 319-626-3295. Fac: Sue Dill Calloway, RN, Esq. CPRHM, D, BA, BSN, MSN. Aud: Nurses, Nurse Managers, Nurse Educators. To discuss the CMS CoP requirements for dietary, food & nutrition services along with the Joint Commission dietary tracer. Fee: \$150.00/ phone connection. Reg. by: 11/2/16. CEUS: 2.1.

November 8; 9:00 am - 11:00 am

CMS PACU, Surgery & Anesthesia. Spon: Instruct - Online. Contact: Katie Ingle, 319-626-3295. Fac: Sue Dill Calloway, RN, Esq. CPRHM, AD, BA, BSN, MSN. Aud: OR Nurse/Staff, PACU Nurse Manager, OB Nurse, Nurse Director, Nurses. To cover the CMS Hospital CoP standards for surgery, anesthesia & PACU. Fee: \$150.00/ phone connection. Reg. by: 11/4/16. CEUS: 2.4.



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HumanResources@elimcare.org | www.ValleyViewVillage.org Phone: 515-265-2571

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November 8; 10:30 am - 11:30 am

Managing Conflict: Çontrolling Unwanted Behaviors. Spon: Instruct - Online. Contact: Katie Ingle, 319-626-3295. Fac: Barbara Faruggio, RN, MS. Aud: Department Heads, Supervisors, Senior Leadership. The webinar will explore why various types of conflict occur and describe the strategies for dealing with each type of conflict. Fee: \$150.00/phone connection. Reg. by: 11/4/16. CEUS: 1.2.

November 15; 10:00 am - 11:30 am

Infection Prevention & Control. Spon: Instruct - Online. Contact: Katie Ingle, 319-626-3295. Fac: Sandra McRae, BSN, RN, MPH, LHRM. Aud: Nurses, Risk Managers, JC Coordinators. The focus of this webinar, as well as the Joint Commission's, is on patient safety & reduce healthcare associated infections. Fee: \$150.00/phone connection. Reg. by: 11/11/16. CEUS: 1.8.

November 16; 9:00 am - 11:00 am

Nursing Law Update. Spon: Instruct - Online. Contact: Katie Ingle, 319-626-3295. Fac: Sue Dill Calloway, RN, Esq. CPRHM, AD, BSN, MSN, JD. Aud: Nurses, Risk Managers, Nurse Educator/Managers. This webinar will cover the CMS & JC hot & problematic standards for nursing in 2016. Fee: \$150.00/phone connection. Reg. by: 11/14/16. CEUS: 2.4.

November 29; 10:00 am - 11:30 am

Conducting a Pro-active Risk Assessment. Spon: Instruct - Online. Contact: Katie Ingle, 319-626-3295. Fac: Sandra McRae, BSN, RN, MPH, LHRM. Aud: Nurses, Risk Managers. To evaluate & improve high risk processes in patient safety so errors don't occur in the first place. Fee: \$150.00/phone connection. Reg. by: 11/25/16. CEUS: 1.8.

December 2; 9:00 am - 10:30 am

CMS Restraint & Seclusion. Spon: Instruct - Online. Contact: Katie Ingle, 319-626-3295. Fac: Sue Dill Calloway, RN, Esq. CPRHM, AD, BSN, MSN, JD. Aud: Nurses, Nurse manager/supervisor, CNO, Risk manager. This webinar will discuss the most problematic standards in the restraint section. Fee: \$150.00/phone connection. Reg. by: 11/30/16. CEUS: 1.8.

December 9; 9:00 am - 11:00 am

December 6; 10:00 am - 11:30 am

December 7; 10:00 am - 11:30 am

December 8; 10:00 am - 11:30 am

12/5/16. CEUS: 1.8.

Disease Specific Care Certification. Spon: Instruct -

Online. Contact: Katie Ingle, 319-626-3295. Fac: Sandra

McRae, BSN, RN, MPH, LHRM. Aud: Medical staff leaders,

hospital leadership. One criteria used in the selection of

recognitions, such as Disease Specific Certification. Fee:

\$150.00/phone connection. Reg. by: 12/2/16. CEUS: 1.8.

OPPS Update for 2017. Spon: Instruct - Online. Contact:

Katie Ingle, 319-626-3295. Fac: Dr. Duane Abbey. Aud:

Nursing staff. OPPS (Outpatient Prospective Payment

changed. Fee: \$150.00/phone connection. Reg. by:

System), in the form of APCs, is now being significantly

MPFS Update for 2017. Spon: Instruct - Online. Contact:

Katie Ingle, 319-626-3295. Fac: Dr. Duane Abbey. Aud:

MPFS (Medicare Physician Fee Schedule) & then at the

beginning of the calendar year implements the changes.

Fee: \$150.00/phone connection. Reg. by: 12/6/16. CEUS:

Nursing staff. Each year CMS proposes changes to

top hospitals is whether or not the facility has specific

CMS Nursing Standards. Spon: Instruct - Online. Contact: Katie Ingle, 319-626-3295. Fac: Sue Dill Calloway, RN, Esq. CPRHM, AD, BA, BSN, MSN, JD. Aud: All nurses, risk managers. This webinar will cover the nursing services section in the CoPs manual. Fee: \$150.00/phone connection. Reg. by: 12/7/16. CEUS: 2.4.

December 14; 10:30 am - 11:30 am

Becoming a Facility of Choice: Staff Retention. Spon: Instruct - Online. Contact: Katie Ingle, 319-626-3295. Fac: Barbara Faruggio, RN, MS. Aud: Senior leadership, supervisors. This webinar will present a compilation of best practices targeted at staff retention and innovative recruiting initiatives. Fee: \$150.00/phone connection. Reg. by: 12/12/16. CEUS: 1.2.

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Child Abuse for Mandatory Reporters

Key Faculty: Linda L. Fisk, RN, BS. Target Audience: RN, LPN. Purpose: Approved by the Iowa Abuse Education Review Panel to meet the Mandatory Reporters' requirements for child abuse education by reviewing and updating information on incidence, indications, treatment options and legal implications. Online Fee: \$23.95. CEUs: 0. 24.

Child and Dependent Adult Abuse for Mandatory Providers

Key Faculty: Linda L. Fisk, RN, BS. Target Audience: RN, LPN. Purpose: Approved by the Iowa Abuse Education Review Panel and intended to meet the Mandatory Reporter's requirements for child and dependent adult abuse education by reviewing and updating information on incidence, indications, treatment options and legal implications. Online Fee: \$23.95. CEUs: 0.24

Dependent Adult Abuse for Mandatory Reporters Key Faculty: Linda L. Fisk, RN, BS. Target Audience: RN, LPN. Purpose: Approved by the Iowa Abuse Education Review Panel to meet the Mandatory Reporters' requirements for Dependent adult abuse education by reviewing and updating information on incidence, indications, treatment options and legal

A Guide to Palliative Nursing Care at the End-of-Life Faculty: Judith K. Orth, RN, CHPN, BSN, MA. Target Audience: RNs, LPN. Purpose: The nurse will enhance her knowledge and skills for providing end-of-life palliative care. Online Fee: \$29.95. CEUs: 0.3.

implications. Online Fee: \$23.95. CEUs: 0.24.

Continuing Education Offerings continued on page 24



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Continuing Education Offerings continued from page 23

Advance Directives and DNRO

Key Faculty: Denise Warren RN BSN. Target Audience: RN, LPN, Respiratory Therapists. Purpose: The purpose of this course is to present health care professionals with a comprehensive understanding of advance directives. The medical community must know the various types of advance directives in order to assist patients with their legal right to make their own decisions concerning their care. Fee: \$11.95. CEUs: 0.12.

Antipsychotics and the Elderly

Key Faculty: Elizabeth Boldon BSN, MSN. Target Audience: RN, LPN. Purpose: The purpose of this course is to increase the knowledge of the health care professional of antipsychotic medications and implications of their use in the elderly population. Online Fee: \$11.95. CEU's: 0.1.

Autoimmune Disorders

Key Faculty: Mary McGeough BSN. Target Audience: RN, LPN. Purpose: This online course will provide an overview of common autoimmune disorders including symptoms and treatment modalities. Online Fee: \$47.95. CEU's: 0.5.

Care of the Imminently Dying Patient and Their Family Key Faculty: Judith K. Orth, RN, CHPN, BSN, MA. Target Audience: RN, LPN, Respiratory Therapist. Purpose:

To aid the learner in recognizing and understanding the signs and symptoms of the active dying process and the corresponding care interventions. Fee: \$17.95. CEUs: 0.18.

Cultural Differences in Death and Dying

Key Faculty: Melissa Reed BSW, MSW. Target Audience: RN, LPN. Purpose: The purpose of this course is to understand the cultural importance of the individual and those directly affected including family and friends in dealing with illness and death. As the U.S. becomes more ethnically and racially diverse and culturally complex, there is a need for understanding how to work with individuals who have different values, health beliefs, and perspectives about health and wellness than your own or those you are familiar with. Fee: \$11.95. CEUs: 0.12.

Cultural Competence and Age Specific Considerations

Key Faculty: Mary McGeough BSN. Target Audience: RN, LPN. Purpose: Health care professionals working in any setting will increase their understanding and skills in providing optimal care to patients from diverse cultures, religious beliefs, and varying age groups. Online Fee: \$35.95. CEUs: 0.36.

HIV and AIDS: The Basics

Key Faculty: Mary McGeough, RN, BSN. Target Audience: RN, LPN. Purpose: To enhance the

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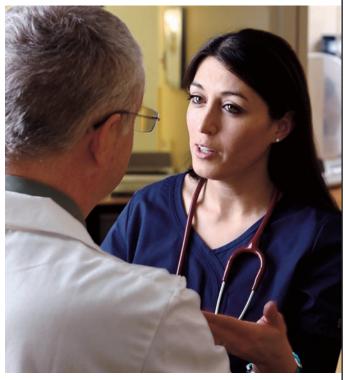
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Learn more and register at MCHS.EDU/IBON participant's knowledge of HIV and AIDS. Fee: \$11.95. CEUs: 0.12.

Ethical Principles in Nursing

Key Faculty: Denise Warren BSN and Mary McGeough BSN. Target Audience: RN, LPN. Purpose: To enhance the nurse's ability to utilize ethical principles in nursing practice. Online fee: \$35.95. CEUs: 0.36.

F315 Urinary Incontinence

Key Faculty: Denise Warren RN, BSN. Target Audience: RN, LPN. Purpose: The purpose of this course is to present health care professionals with a comprehensive understanding of the etiology, symptoms, and management of urinary incontinence which are outlined under Federal legislation – (F315) 42 CFR 483.25(d) (1) (2). Fee: \$11.95. CEUs: 0.12.

Infection Control

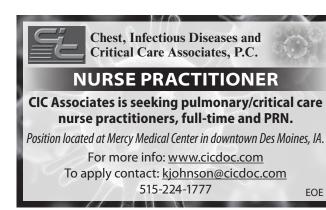
Key Faculty: Mary McGeough BSN. Target Audience: RN, LPN. Purpose: Health care professionals will review and gain knowledge of current and emerging infection control procedures, common health care related infections, and infectious disease outbreaks. Online Fee: \$23.95. CEU's: 0.24.

Leadership in Health Care: General Principles

Key Faculty: Judy K. Orth, RN, CHPN, BSN, MA. Target Audience: RN, LPN. Purpose: The purpose of this course is to enhance the knowledge base of the audience in the area of general principles of health care leadership skills. Fee: \$17.95. CEUs: 0.18.

Multi-Drug Resistant Organisms

Key Faculty: Denise Warren RN, BSN. Target Audience: RN, LPN. Purpose: The purpose of this course is to provide a detailed overview regarding the clinical importance of multidrug-resistant organisms in the health care environment. This course will also discuss the most common types of organisms encountered and provide recommendations for preventing their spread. Fee: \$11.95. CEUs: 0.12.







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Nursing Documentation

Key Faculty: Mary McGeough, RN, BSN. Target Audience: RN, LPN. Purpose: Nurses will gain knowledge and skills related to the documentation of information in the patient's medical record. Fee: \$17.95. CEUs: 0.18

Nursing Leadership series-Part 1: The Nurse as a Leader

Key Faculty: Judy K. Orth, RN, CHPN, BSN, MA. Target Audience: RN, LPN. Purpose: The purpose of this program is to present the skills and characteristics necessary to perform the effective nursing leadership roles required in today's health care environment. Fee: \$17.95. CEUs: 0.18.

Nursing Leadership series-Part 2: The Nurse Leader and Team Building

Key Faculty: Judy K. Orth, RN, CHPN, BSN, MA. Target Audience: RN, LPN. Purpose: The purpose of this course is to investigate team building within the context of nursing leadership and improve the nurse's knowledge of effective leadership skills. Fee: \$17.95. CEUs: 0.15.

Nursing Leadership series-Part 3: The Nurse Leader and Teamwork

Key Faculty: Judy K. Orth, RN, CHPN, BSN, MA. Target Audience: RN, LPN. Purpose: The purpose of this course is to investigate the application of the team within the context of nursing leadership and improve the nurse's knowledge of effective leadership skills. Fee: \$17.95. CEUs: 0.15.

Nursing Leadership series-Part 4: The Nurse Leader and Delegation

Key Faculty: Judy K. Orth, RN, CHPN, BSN, MA.

Target Audience: RN, LPN. Purpose: The purpose of this course is to increase knowledge in the nursing delegation skill set needed to appropriately use delegation as a tool in nursing practice. Fee: \$17.95. CEUs: 0.15.

Nursing Leadership series-Part 5: The Nurse Leader and the Organization

Key Faculty: Judy K. Orth, RN, CHPN, BSN, MA. Target Audience: RN, LPN. Purpose: The purpose of this course is to examine the role of the nurse leader within the organizational framework. Fee: \$17.95. CEUs: 0.15.

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Key Faculty: Mary McGeough RN, BSN. Target Audience: RN, LPN. Purpose: CE Solutions is pleased to offer over 100 nursing courses in a variety of healthcare areas. Some of the areas include, dementia care, legal aspects of nursing, endocrinology, mental health care and autoimmune diseases to name just a few. Fee: \$33.95. CEUs: 10.00+.

Traumatic Brain Injury

Key Faculty: Denise Warren, RN, BSN. Target Audience: RN, LPN. Purpose: The participant will explore traumatic brain injury, causes, risk factors, signs and symptoms, and preventive measures. Online Fee: \$11.95. CEUs: 0.12.

Staff Retention: Working Together to Achieve Organizational Success

Key Faculty: Vicki Parsons MBA. Target Audience: RN, LPN. Purpose: To provide a framework of strategies to create successful organizations through positive, meaningful leadership. Fee: \$11.95. CEUs: 0.12.

Stroke

Key Faculty: Mary McGeough RN, BSN. Target Audience: RN, LPN. Purpose: Healthcare professionals will review and learn new information about caring for the stroke patient. Fee: \$35.95. CEUs: 0.36.

Understanding and Supporting Grieving Children

Key Faculty: Judith K. Orth, RN, CHPN, BSN, MA. Target Audience: RN, LPN. Purpose: To educate the learner about helpful ways to talk with grieving children geared toward the individual's developmental level, respectful of their cultural norms, and sensitive to their capacity to understand the situation. Death is an inescapable fact of life and children will need all the love and support of professionals and caregivers to cope with their loss and reach a constructive grief resolution. Online Fee: \$17.95. CEUs: 0.18.

Continuing Education Offerings continued on page 26

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Alzheimer's Disease and Dementia Related Disorders.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Provides ways to approach problem areas in direct care of those with Alzheimer's disease or related dementias with extensive suggestions for effective communication. Fee: \$10 online; \$12 in hard copy. CEUs: 0.2.

Autism Spectrum Disorder.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Reviews changes in diagnostic terminology, common traits, incidence, possible causes & therapies/approaches to help a person with ASD learn & grow in an outer world that differs from inner experiences. Fee: \$15 online and \$18 hardcopy + P&H. CEUs: 0.3

Care of the Alzheimer's Patient.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/ LPNs. Presents suggestions and approaches to management of common behaviors and symptoms of A.D. that are not drug based. Fee: \$6. CEUs: 0.1.

Care of Those with Disabilities: Managing Anxious, Aggressive or Combative Behaviors.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Teaches strategies that can help manage anxious, aggressive or combative behaviors arising from limited emotional, mental or physical abilities. Fee: \$5 online, \$6 hard copy + P&H. CEUs: 0.1.

Changing Beds: You May Have Made It, But You Don't Have to Lie in It. Mental Emotional Health.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Teaches how to foster mental and emotional health, emphasizing empowerment through self-definition, self responsibility, monitoring thought patterns and dealing with feelings. Fee: \$60. CEUs: 1.0.

Cognito Ergo Sum: Creating an Empowered Image.

Fac: Dr. Linda S. Greenfield. Aud: RNs/LPNs. Teaches how to recognize and create your own internal power by changing the way you think, using the nursing environment as the milieu. Fee: \$30. CEUs: 0.5.

End of Life: Palliative & Hospice Care

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. This course discusses the controversies of end of life care, and presents approaches to meet psychological & physical needs encountered in the dying patient, while empowering the patient. Fee: \$15 online, \$23 mailed in hard copy. CEUs: 0.3.

Forgiveness: A Fundamental Health Concept.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Incorporates strategies from both mental health and body- based therapies to approach forgiveness as a way to reduce stress-induced physical and mental/emotional disease states. Fee: \$25 online (\$30 plus p&h for hard copy). CEUs: 0.5.

Good Grief: Providing Light to Those in Emotional Pain.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Fosters the nurse's ability to listen, console and nurture those involved in loss and changing personal identity, using specific, guided techniques. Fee: \$30. CEUs: 0.5.

Good Vibrations: Recognizing the Healing Energy Within Emotions.

Author: Linda S. Greenfield, RN, PhD. Aud: RNs/ LPNs. Explores relationship between the energy of toxic emotions and diseases correlating emotional issues to the human energy system of chakras and studying how the body is designed to manage anger, fear, hate, etc. safely. Fee: \$42. CEUs: 0.7.









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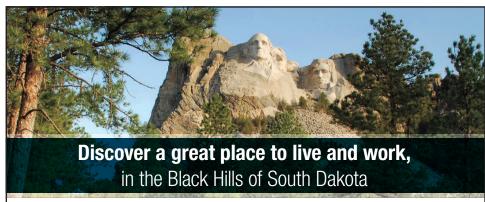
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Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Provides detailed examination of pathology, transmission, signs and symptoms, prevention, precautions and treatment of HIV. Fee: \$15 online; \$18 in hard copy. CEUs: 0.3.

Mindful Care: Using Positive Thoughts and Emotions as a Catalyst to Healing.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Examines body/mind connection, exploring chemistry that links immune system function to ways we think and feel, and teaching more positive thinking patterns and ways to deal with negative emotions. Fee: \$30. CEUs: 0.5.

Over the Edge: Biological Stress and Chronic Conditions.

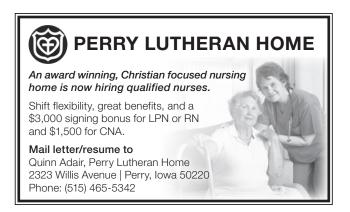
Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Studies the effect of biological stress from industrial chemicals, heavy metals and other pollutants and impact on chronic conditions such as unresolving pain, lack of healing, depression, panic attacks and inability to sleep. Fee: \$25 online; \$30 in hard copy. CEUs: 0.5.

Power Tripping: Issues of Control Resolves Through Shadow Work.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Examines the paradigm of power, mechanisms of control, how we drain power or steal power from others, and introduces a healthier paradigm of internal power through healing unconscious issues. Fee: \$30. CEUs: 0.5.

Responsible & Compassionate Communication

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Teaches how language helps or blocks relationships & cooperation in meeting healthcare needs, & provides new communication patterns that foster



empowerment, collaboration, & mutual respect. Fee: \$15. CEUs: 0.3.

Stroke.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Studies pathology of various kinds and locations of strokes, the related symptoms and approaches to acute and rehabilitative care. Fee: \$30. CEUs: 0.5.

Stuck in a Rut: Helping Patients & Clients Change Habits that are Interfering with Recovery.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Examines anatomy & physiology of habits, teaches necessary factors to change old habits or form new habits & applies information to motor habits, mental & emotional habits, health habits, language habits & other with consideration to diseases that have significant habit connections. Fee: \$15. CEUs: 0.3.

Talking With the Docs: Effective Nurse Physician Communication.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Designed to help you increase your power and effectiveness when communicating with physicians in difficult situations. Fee: \$24. CEUs: 0.4.

The Patient in Pain: Why Are We Managing Pain and Not Healing It.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Physiology of acute and chronic pain perception, factors of pain reaction, attitudes toward the





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patient in pain that may hinder therapy, effective use of medication and use of non-invasive and alternative pain therapies. Fee: \$35 online; \$42 in hard copy. CEUs: 0.7.

The Prevention of Medical Errors.

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Working the Numbers: Nursing Intrepretation of Laboratory Tests.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Examines nursing intrepretation of CBC, hematologic studies, iron studies, UA, electrolyte survey, kidney function studies and liver function studies. Fee: \$36. CEUs: 0.6.





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Roussell et al. Effects of a DASH-like diet containing lean beef on vascular health. J Hum Hypertens 2014;28:600-5.

USDA National Nutrient Database for Standard Reference, Release 28, 2015.

Roussell et al. Beef in an Optimal Lean Diet study: Effects on lipids, lipoproteins, and apolipoproteins. Am J Clin Nutr 2012;95:9-16.

Maki et al. A meta-analysis of randomized controlled trials that compare the lipid effects of beef versus poultry and/or fish consumption. J Clin Lipidol 2012;6:352-61

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